NIMS COLLEGE OF NURSING

NIMS MEDICITY, ARALUMMOODU, NEYYATTINKARA, THIRUVANANTHAPURAM-695123

Approved By Government of Kerala by its G.O.M.S No 1378/2008/H&FW, **Recognized** by INC No. 18-16/3324-INC, Kerala **Nurses** and Midwives Council No , Kerala University of Health Sciences, Thrissur

Managed BY NI Educational Trust

Chairman	:	**Dr.A.P.Majeed Khan**
Managing Director	:	**Sri. M.S. Faizal Khan**
Principal	:	**Prof. Mrs. J. Daisy**
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HAND BOOK CALENDAR 2023-2024

Name: …….

Class : ……

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THE PLEDGE

India is my country. All Indians are my brothers and sisters.I love my country and I am proud of its rich and varied heritage.I shall always strive to be worthy of it.I shall give my parents, teachers, and all elders respect and treat everyone with courtesy. To my country and my people I pledge my devotion. In their wellbeing and prosperity alone lies my happiness.

PRAYER

All praise and glory to our merciful king

Majesty greatness we youth must sing

Soldiers of God and guardians of truth

So say the prophets about us youth

One in a million we are his choice

Let us sing praises and let us rejoice

Love which surpasses motherly love

His merciful arms protect from above

Learning inspires humility

Good nature kindness and modesty

Evil and sin to chase away

Will be our duty, for this we pray

PRAYER SONG

ഹൃദയതാളംമധുരരാഗം
നൽകുമുജ്വലമന്ത്രമായ
മർത്യജീവിതമെത്രസുന്ദരം
എത്രമേൽമതിമോഹനം
സ്നേഹദീപംജീവിതത്തിൽ
മങ്ങിടാതെജ്വലിക്കുവാൻ
അണിനിരക്കാംഒരുമയോടെ
നവവിഭാഗമൊരുക്കുവാൻ
നല്ലചിന്തകൾനല്ലമനസുകൾ
നന്മനമ്മെനയിക്കണം
തിരിയെരിഞ്ഞമരുമ്പോഴും
തരുമത്ഭുതപ്രഭയെന്നപോൽ
എളിയജീവിതമൺചിരാതുകൾ
ഞങ്ങളാത്മസമർപ്പണം
നല്കിടട്ടെസത്പ്രമാണം
ദേവദേവദയാപരാ
ദേവദേവദയാപരാ

PROFILE OF THE ORGANIZATION

ABOUT US

Noorul Islam Educational Trust, founded by educationist Dr. A.P Majeed Khan, has made a strong presence in the field of higher education for past 61 years. His vision has brought revolutionary changes in the field of higher education in this part of our country. The first ITI of kerala state in the private sector was from NI educational trust. Since then NI educational trust holds 17 institutions, spread over 4 campus, in its fold which includes Engineering College, Arts & Science College, Community College, Dental College, Polytechnic College and UGC approved NAAC A grade Noorul Islam University located at Kanyakumari District. MHRD survey 75thposition among 754 universities under Central Government, State Government and Deemed University.

NI educational trust has made very commendable contributions in uplifting the rural education with accreditation of NBA, AICTE, nowadays spread over an extend of above 2.5 million sqft.

OUR EDUCATIONAL INSTITUSTIONS

- Noorul Islam University.
- Noorul Islam Institute of Engineering, Amaravila, Kerala.
- Noorul Islam Polytechnic, Thiruvithamcode, Tamil Nadu.
- Noorul Islam College of Engineering, Kumaracoil(NICE), Tamil Nadu.
- Noorul Islam Community College, Kumaracoil, Tamil Nadu.
- Noorul Islam College of Arts & Science, Kumaracoil, Tamil Nadu.
- NI SofttechPvt.Ltd., Kanyakumari, Tamil Nadu.
- Noorul Islam Institute of Medical Science (NIMS) & Research Foundation.

- Noorul Islam College of Dental Science & Super Specialty Dental Hospital.
- Noorul Islam School of Business Management and Computer Application.
- Noorul Islam College Aeronautics and marine Engineering, Tamil Nadu.
- Noorul Islam Research and Development (Doctoral) program.
- NIMS Heart Foundation, Nims Medicity.
- NIMS College of Nursing.
- Noorul Islam Civil Service Training Academy (NICS), Aralumoodu, Kerala.
- Noorul Islam College of Allied Health Science
- Institute for Molecular Human Genetics and Centre of Advanced Biotechnology

NIMS MEDICITY is the first venture of NI educational Trust in healthcare sector. With the vision 'health care to all irrespective of wealth' NIMS Medicity under the guidance of NI Trust has been introducing various projects and schemes for Heart Surgeries and other treatments to those who suffer in the black alleys of the society.

NIMS HOSPITAL SUPER SPECIALITY HOSPITAL

The hospital is one of the biggest hospital in Kerala accredited with NABH and NAAC 'A' accredited Dental college & hospital. Our students are getting clinical training and having excellent clinical exposure in all advanced specialties. NIMS Medicity is situated at Aralummoodu, Neyyattinkara. NIMS Medicity nests 40 speciality departments headed by eminent doctors from the respective fields. Altogether NIMS Medicity enjoys the service of 200 efficient and trained doctors.

FACILITIES

Cardiology, Nephrology, Neurology, Gynecology, Paediatric, ENT, Ophthalmology, Urology, Pain and Palliative, General Medicine, Orthopedic, General Surgery, Keyhole Surgery, Pediatric Surgery, Radiology, Gastroenterology, Diabetology, Neuro surgery, Anesthesia, Dermatology, Cardio vascular surgery are some of the main departments. NIMS Medicity is proud to have a separate well equipped cardiology wing styled Heart Foundation, the only

one of its kind in Kerala, constructed under Freeman White Company, California headed by Dr. Madhu Sridharan. The Heart Foundation is rich in ultra modern lifesaving equipments and is intended to save life at any humanly possible condition. The quality of treatment offered is un compromised. To make heart treatments more accessible even to those who belong to financially backward class, the expenses that may be incurred for the cardiac checkups and surgeries have been reduced than that of the government rates.

NIMS Heart foundation has done 100000 angiograms, 3502 angioplasties and also 530 bypass surgeries in the short span of time. This is probably the highest rate of surgeries in this short span of time. NIMS Heart foundation has the biggest number of heart surgeries in Kerala after Ernakulam Dist. This achievement is because of the team work of Dr. Madhu Sreedharan and Dr. Asher. along with their well trained, experienced team. Apart from this a special project named Heart to Heart has been introduced. We are proud to announce that Padmashree Bharath Mammootty is our project ambassador to the project Heart to Heart. With the help of Mammootty fans association we provide free heart surgeries to those who are under the poverty line. Under Heart to Heart project 298 open heart surgeries were done successfully. All those 123 families have gone back to normal life with new hopes and aspirations. Under the Heart to Heart project various Cardiac camps at various rural areas of Trivandrum and Kollam districts were conducted. In those camps 12,000 patients were given free heart checkups and treatments. The selected were given free Angiograms and Angioplasty. Clinical Departments at NIMS Hospital, Trivandrum.

PROJECTS

All the projects undertaken in NIMS are completely funded by NI educational trust. International Cancer Research Institute, Human genetics and Molecular Diagnostic Laboratory, Tertiary level Multi specialty hospital in remote areas of Maldives and few upcoming project of NIMS with a vision to provide Cancer treatment, prevent-control-manage genetic disorders, etc for patients at low cost with international standards.

ANNUAL REPORT

NIMS COLLEGE OF NURSING

ANNUAL REPORT January 2022-December 2022

NIMS College of Nursing, NIMs Medicity, Aralummoodu, Neyyattinkara have totally of **4 batch of B.Sc Nursing students of strength 240**, **2 batch of M.Sc Nursing students of strength 5**, a team of highly qualified, experienced faculty, well equipped laboratories and **super specialty parent hospital with 40 specialties**. Here students are well trained to assume responsibilities as professional, competent nurse and midwives in providing promotive, preventive, curative and rehabilitative services.

The college is affiliated to Kerala University of Health Science and University of Kerala and registered by Indian Nursing Council and Kerala Nurses and Midwives Council. The total strength of students is now 240.

CURRICULAR ASPECTS

The college is recognized by Indian Nursing Council (INC) and in affiliated to Kerala University of Health Sciences and Kerala Nurses and Midwives Council. The college maintain and preserves the curriculum, being enriched with useful topics, which is beneficial for nursing students on various issues, related to Gender, Environment and Sustainability, Human values, Health Determinants, Demographic issues and professional Ethics, value added courses were planned and implement on Performance Appraisal system obtained to review the teaching strategies. Adequate feedback on curriculum is systematically obtained through management information system (MIS) years from students, parents, Employers, Alumni and professionals and actions are taken which helps to implement the curriculum effectively. NIMS College of Nursing offers Under Graduate and Post Graduate programmes, follows the curriculum set by the Indian Nursing Council and Kerala University of Health

Sciences. The college plans, implement the curriculum delivery by a well-planned and documented structure, through put output process by regular Academic meetings, with class coordinator, staff meeting. Academic calendar, a well-planned curriculum plan, ICT enabled class rooms, Staff Development programmes, evaluation strategies, performance Appraisal strategies and proper feedback system. The Inter Disciplinary courses are taught by the experts from NIMS Medicity on Add on courses by the experts on Advanced Nursing Procedures. Observational visit was organized for II year B.Sc (N) students. Students were posted to Sewage Treatment plant, Milma pasteurization plant Ambalathara. Water Purification Plant Aruvikkara, food analysis Department PH Lab Trivandrum. Student fulfilled their objectives as a part of their community health nursing requirements.

TEACHING- LEARNING AND EVALUATION

To achieve the goal of academic persuit and of excellence, the nursing college maintains standard protocols and adopts newer and pedagogy in teaching, learning and evaluation process. The first year students are provided with orientation to teaching learning process, college, laboratory and clinical facilities. Refresher courses were conducted on personality development, and communication skills. Admission of the students is based on the performance of the qualifying exam both in Government allotment, Management allotment, PNCMAK. During the first week of their academic learning, the learning levels of the students are assessed based on the subjects of the qualifying examinations. Monthly Sessional examinations were regularly conducted and progress report were given to parents. The clinical requirements and assignments were completed by the students. Remedial treasures are carried out regularly for slow performers by the faculty and peer group guidance were properly implemented. Mentor mentoring sessions were regularly conducted every month to assess for individual performance and Psychological issues that hinder teaching learning process. There are 25 well experienced faculty of which 24 are Post Graduates. The students are adequately trained in laboratory with hands on training and return demonstration performed by the students before students are posted in clinical area. The teachers are well trained in ICT e- content resources, with proper AV aids, when they take class room teaching. Educational observation visits and are regularly organized for the

students. Students undergo clinical training in Primary Health Centre, Balaramapuram, Community Health Centre, Poonthura, General Hospital, Neyyattinkara, Women and Children Hospital Thycaud, Mental Health Centre, Peroorkada, Regional cancer Centre, Trivandrum. Academic calender is prepared at the beginning of each academic year. Mentor –mentoring system in the college is maintained where each students of I year, II year, III Year and IV year B.Sc programmes is continuously maintained by the mentor proper guidance and counselling is provided by the mentor. Continuous evaluation strategies like monthly examination sessional exam, Revision, retest, model exam practical examination were regularly conducted as per the academic calender. Mid courses improvement provides an excellent opportunity for the students in assess the performance of the students to take remedial measures for academic excellence. Parent teachers student meetings were conducted once in there month in an academic year for every batch of students Students have secured 97-100% pass result in final year University exams students have proven a track record of campus placement every year in NIMS Medicity, Yasodha Hospitals, Hydrabad.

RESEARCH, INNOVATION AND EXTENSION.

The institution promotes research activities among faculty and students by various activities. Two faculty members are pursuing PhD. Both UG/PG students take group and independent project. The college has an Institution research committee (IRC) comprising of expert panal of consultants, Advocates, Social Worker, Nursing faculty for reviewing the research proposals. The committee also reviews the contents of the paper and poster of the students before presenting to the public domain. After review of the IRC, the proposals are submitted to the NIMS Medicity Ethics committee for scrutinizing the students to do research with updates and for Ethical consideration. NIMS College of Nursing actively participated in community Extension activities, Medical Camps, Role Play, flash mob conducting health education by celebrating the health days and by participating in community extension activities, the students show their independent responsibility for the community, which helped to sensitive the students to the social issues. As a part of the academic and clinical requirement, the B. Sc Nursing students from Maldivian National University undergo clinical

experience in NIMS Medicity. Our nursing college faculty involve themselves in conducting nursing rounds, clinical Supervision and conduct lecture.

CLINICAL FACILITIES

NIMS Medicity, part of the 60 year old Noorul Islam Educational Trust, is a 350 bedded Super specialty Hospital, at Neyyattinkara, Trivandrum,. It is one of the largest health care centers in South Kerala and South Tamilnadu. NIMS is one of those rare hospital and Healthcare Centers in India where one may find more than 200 Super Specialists of high caliber working with State-of-the-art medical gadgets, totally dedicated to complete health restoration along with more than 1500 nursing and paramedical staffs. Its 40 departments include 20 specialties and 20 Super Specialities. Our Major Departments are Cardiology and Cardiac Surgery, Nephrology, Endocrinology, Kidney Transplantation, advanced Gastro Interventions, Advanced Orthopaedic procedures and Joint replacement, Cardiothoracic, Critical care Unit, Gynecology, General Medicine, General Surgery, Infectious Diseases, Nephrology, Neonatology, Neurology, Naturopathy, Oral and maxilo facial surgery, Pediatrics, Plastic Surgery, Physiatric, psychology, Radiology, Urology, Tertiary care trauma care center, Round the clock blood bank with component separation, 24 hours primary angioplasty facility, 24 hours stroke management facility, Advanced Neonatology facility etc. The main motto of our institution is to ensure quality medical care in spite of the financial status of the patient. Institution have 7 independent ICUs like, Medical ICU, 12 beded Coronary ICU, 8 beded Cardic Thoracic ICU, 14 beded General Medicin ICU, 15 beded Neonatal ICU, 12 beded Surgical ICU, 4 beded Nephrology ICU Etc…Civil service academy, college of Dental Sciences, college of Nursing and paramedical sciences are situated at the NIMS Medicity campus. NIMS constantly strives to adopt an innovative approach to ever changing advances in the field of Medical care. NIMS was the first healthcare institution in Kerala to install a fibro scan(liver scan machine), and also the 1st leuko reduction blood bank. Asia's first hybrid green energy cardiac catheterization Lab was established in NIMS, which was recognized at the recently concluded UN renewable and sustainable energy for all summit at Newyork as among the 4 best innovative renewable energy projects in the world.

Here students are acquiring **clinical skills** in the **NIMS super specialty parent hospital**, which is well equipped, with advanced facilities and a well established Heart foundation Unit.

Journal club was regularly conducted every Thursday by the M.Sc Nursing students and faculty. They were motivated to present journal articles. Monthly P.T.A meeting were conducted, monthly and sessional examination were regularly conducted. Monthly progress reports were sent to the parents. Retests for the failure were conducted. Our Teachers are motivated to take classes for staff nurses in the clinical areas on every Thursday / Friday on improving quality of Nursing care and standards.

One day motivational seminar conducted by Mrs. Beena, Clinical Psychologist how to prepare for exam, to relieve exercise, sleep pattern, organization and systematic study time preparation and time table session. I year B.Sc (N) students are motivated to get relief from academic stream. Basic first aid measures class was organized and conducted by Dr. Kathirvel, Neuro Surgeon .C P R was demonstrated highlighting the immediate live saving strategies. Online classes and exams through google meet/Moodle platform was systematically planned and conducted progress reports were sent online and PTA was conducted online, campus placement with Apollo Hospital, Hyderabad was conducted and 100% placement in Appollo Hospital. The faculty and students are involved in various strategies/ skill development programmes capacity building programme and community extension activities.

All batch B.Sc (N) students who appeared for university exam conducted by Kerala University of health sciences secured a pass percentage of more than 96%. All batches of students B.Sc (N) and M.Sc (N) have also secured good percentage in KUHS Examination and secured ranks and pass with flying colours in the brand name NIMS

INFRASTRUCTURE AND LEARNING RESOURCES

NIMS College of nursing is located in the heart of Trivandrum District with a beautiful and sufficiently scenes equipped in terms of Physical infrastructure. NIMS College of Nursing is

situated in an area of 36429 square meter and the campus area is NIMS College of nursing has 6 enabled classrooms, out of which four classrooms for B. Sc nursing and two class rooms for M. Sc Nursing. The college has well equipped labs of Fundamentals of nursing, Community Health Nursing, OBG and child health Nursing, Computer and Nutrition Lab. NIMS College of Nursing has a multipurpose hall and Auditorium. NIMS college of Nursing has a central library which is fully equipped house of journals, books and e- resources. NIMS College of nursing is attached to a NABH and NABL accredited super specialty hospital with 350 beds, which use the latest technologies of providing Quality case in a high tech high touch approach in diagnostic and therapeutic environment.

LIBRARY FACILITIES

The Nursing College Library is **fully automated**. The library is automated with an efficient Integrated Library Management Software Koha.

Koha is a fully featured, scalable integrated library management system used in academic institutions like universities, colleges, schools and research centers. Development of Koha ILS is sponsored by libraries of varying types and sizes, volunteers, and support companies worldwide. It is a true enterprise-class ILS with comprehensive functionality including basic and advanced options. Koha includes modules for acquisitions, circulation, cataloging, serial management, authorities, flexible reporting, label printing, multi-format notices, offline circulation in the absence of network access, and much more.

Powerful searching, and an enhanced catalogue display that can use content from Amazon, Google, Library Thing, Open Library, and Syndetics, among others. Koha is built using library standards and protocols such as MARC21, z39.50, SRU/SW, SIP2, SIP/NCIP, ensuring interoperability between Koha and other systems and technologies, while supporting existing workflows and tools. Koha's OPAC, circulation management and self-checkout interfaces are all based on standards-compliant World Wide Web technologies– XHTML, CSS and Javascript making Koha a truly platform-independent solution. Koha is distributed under the Free Software_licence. Koha is provided with following functional modules for better workflow and easy management at the library.

Text Books: 3950 National and International books are available in various medical and Nursing subjects. 162 new titles were added in the last five years to the collection.

Reference Books: 200 recently edited reference books are available from national and international publishers like Jaypee, Elsevier , Wolter Kluwer,etc.

Journals: 18 National and 8 international journals of various Nursing subjects are available in the library along with bound volumes of previous issues.

Thesis and Proceedings: PG & UG research thesis copies and research proceedings are available in the library.

Apart from this, the Library also maintains a Question Bank for undergraduate and postgraduate students in the form of B.Sc and M. Sc professional university exam question papers. A large collection of MCQ books are also available for the benefit of students preparing for competitive exams. Apart from this, the library provides access to general dictionaries & medical/Nursing dictionaries. Library has a subscription to English and regional newspapers. The library also has a huge repository of novels & storybooks for light reading. The library of the institution serves as a fountain head of learning, inculcating in the staff and students the habit of reading, researching and spending quality time in the library and upgrading themselves to contemporary trends in nursing, medicine and current events in general. A well-framed library policy is in place, which provides the required information regarding library usage to all its stakeholders. The library policy of the institution is published in various sources such as website, student handbook, library, department libraries. The institutional library occupying an **entire floor provides accommodation to 75 students** at once.

The library provides **in-person access** for staff and students to audiovisual resources, back volumes of journals, current journals, library dissertations, magazines, newspapers, previous question papers, textbooks, and theses during working hours. **Separate study area for UG, PG students and staff** is available. **Integrated browsing room** with 3 computers and high-speed internet connection is also available for browsing, access to e journals, e books and databases within library premises. Facilities for downloading e-content, making photocopies,

taking printouts, and scanning documents are also available in the library. An exclusive new arrival section is there in the library.

Remote access: Remote access to the subscribed electronic resources are provided to the academic community. Library usage by students is logged offline in register and online in the ILMS software. The **entry and exit logging in automated with the help of barcode** scanning the barcode being printed in the student ID card.

A **library orientation program** is organized at the beginning of every academic year along with an induction ceremony for the first-year by B.Sc, M.Sc students and newly appointed faculty members to acclimatize them to the facilities, resources, and services in the library. The students are given a library orientation by the librarian showing access to book, dissertation, journal, magazine & newspaper sections.

STUDENT SUPPORT AND PROGRESSION

NIMS College of Nursing offers UG/PG programmes in nursing for students of various socio- economic back grounds. The student are admitted based in general category and reserved category from LBS, Government of Kerala and based on marks obtained from qualifying exam in allotment of seats in management students are benefited by Central sector scholarship besides. Our management sponsors two students to every year undergo nursing education, free of lost about ten students were benefitted by fee reduction in total fess. About Student were benefited by e-grants, scholarship, fisheries, merit cum means and central sector scholarship. Value added courses, Interdepartmental courses and special sessions on developing soft skills, communication, yoga, human values, personality and professional development mentor mentoring programme, student support activities and course session provides individual guidance on Academic studies. Counselling sessions were arranged, if the student require counselling.

NIMS College of Nursing conducted and participated Covid-19 Awareness programmes. After programmes Students conducted Break the chain campaign in NIMS Medicity. Which is a parent hospital. Social distancing and frequent hand washing was strictly emphasized. Hand washing demo dance was done in OPDs and return demonstration

was done by patients. Screening along with police and health workers in Parassala and Amaravila checkpost. Teachers and students donated food material for police personnel and health workers and contributed for community kitchen. Mens hostel was allocated for quarantine for fisherman from Poovar and Pozhiyoor, Trivandrum District. No. covid cases. Students have prepared video on saving lives by stay at home. Students and teachers did cleanliness drive in Neyyattinkara Railway station. Evidence of video and photos attached for your reference.

GOVERNANCE, LEADERSHIP AND MANAGEMENT

The college has a rich tradition of visionary and transformational leadership, which has driven the college towards growth and development with visionary approach. The great vision and mission of the reflected the quality of education I which students are graduated with blend of knowledge, attitude and skills. The management is been implemented Quality strategies by in e- governance, Academic matters, Administration, Budgetary, provision, Admission, student support welfare programmes, staff development and examination policies. Faculty welfare measures were implemented like Medical beneficiaries casual leave for attending conference and during examination duties. The college has implemented professional development/refresher/training programmes for the faculty member. An annual estimate budget is planned in advanced for the smooth functioning of the college. Audited statement of income and expenditure in conducted yearly for budgetary appraisal performance Appraisal system of teaching and non-teaching staff were for self-promotion and for updating. The college is been to utilize and mobilize fund for NSS activities, community extension activities, Academic scholarship, faculty welfare measures, curricular and co- curricular activities. Infrastructure and library resources. The college has institutional review committee, IQAC cell, which indicates Quality Assurance Policies and strategies for faculty and non-teaching staff by inviting feedback and fulfill the staff welfare measures.

The college has developed and conducted quality initiatives in updating of skills that enable the students to perform nursing care procedures, in a high tech high touch environment. Gender sensitization and equity programmes were organized to promote welfare of the

students. Anti- ragging committee and Anti-ragging squad is vigilant in the campus and hostel to ensure the campus ragging free campus. Helpline members are displayed in hostel and college notice board to ensure safety and security. Members mentoring system student support programmes ensure Institutional values and best practices. The hospital is accredited with ISO, NABH and NABL for covid testing procedures. Solar panel system is installed in college and hostel ensuring solar energy as an alternate source of energy. LED bulbs are being utilize to reduce the power requirement. Biomedical waste management, rain water harvesting, waste water recycling, plastic reduction strategies, NIMS Harithaham for planting trees. The college is having a keen interest in motivating the student in community extension activities, participating in medical camp, and social welfare activities. NIMS Medicity is proud to engage in fighting Coivd-19 pandemic as a frontline warrior, where faculty and students voluntarily engage in providing nursing care to covid-19 affected patient. Strict and moral discipline is followed, where code of ethics hand book and Academic calendar is being provided to the students Interdepartmental, values added courses were planned and organized to the students to ensure updation of knowledge, skills and attitude.

SOCIAL WELFARE ACTIVITIES AND OBSERVANCE OF NATIONAL AND INTERNATIONAL DAYS/MEDICAL CAMP

REPORT OF OUR NSS ACTIVITIES

INTRODUCTION

NIMS College of Nursing is a registered unit of NSS under Kerala University of Health Sciences.

NIMS COLLEGE OF NURSING, NEYYATTINKARA, TRIVANDRUM, is affiliated to Kerala University of Health Sciences, INC, and KNC.

We, NIMS College of Nursing, is regularly participating in all NSS Activities, CSR initiatives and yearly getting grants from University for NSS utilization. NSS funds were yearly audited and forwarded to University.

World Kidney Day was celebrated on 11.03.2021 NIMS College of Nursing students organized awareness programme under the Chairman ship of Mr. M S Faizalkhan (Managing Director of NIMS Medicity) and programme was inaugurated by Dr. ManjuThampi (Nephrologist, NIMS Medicity) she delivered a speech regarding kidney diseases and the preventive measures we have to follow for that. NSS voluteers conducted a health talk and health checkup. The Programme ended at 1.30 pm

World Health Day was celebrated at NIMS College of Nursing on 07.04.2021.On the day health talk was conducted by NSS volunteers in NIMS Hospital.Health talk topics were balanced diet, healthy life style modification and exercise.

Vegetable Harvesting during Covid pandemic:

During the period of covid pandemic NSS volunteers made a vegetable garden in college premises. The garden which contains cucumber, tapioca , banana, ladys finger etc…. after the harvesting these vegetables are distributed to Covid duty nurses and patients.

World Nurses Day 12.05.2021as a part of Nurses Day a poster competition conducted for NSS volunteers at NIMS College of Nursing team was nurses angels of hope in health care and pandemic. 21 students were participated and E- certificates given for the winners.

World Environmental Day 05.07.2021 NSS volunteers celebrated the World Environmental day. The theme was plant a tree challenge to go green.On the day we conducted poster competition and volunteers plant a tree in college premises.

International Teachers Day 05.10.2021 as a part of this programme panel discussion conducted for NSS volunteers.They were prepared a video, and dedicated for all the Nursing faculties of NIMS College of Nursing.

World Immunization Day Programme 03.12.2021 on the day NSS Volunteers conducted a health talk and poster presentation in pediatric OPD.

Republic Day 26.01.2022as a part of republic day a poster and quiz competition conducted for NSS volunteers. Many students were participated and given certificate for participation.

International Mother Language Day 21.02.2022 NSS volunteers celebrate International Mother language day, students and teachers were participated in oath taking ceremony. Theme was using technology for multi lingual learning: challenges and opportunities.

Date	Activity conducted (Name of the Activity)	No. of Volunteers Participants	No. of Hours performed	Achievement to the beneficiaries by the programmes
16.03.2022	Measles Immunization Day (Awareness Programme)	60	1hr	Health Awareness programme conducted for III year B.Sc Nursing students by Dr. Nisha , Pediatrician, NIMS Medicity
12.03. 2022 to 18.03.2022	World Glaucoma Week (Video Presentation & Awareness for patients in	12	2hrs	Video Presentation & Awareness campaign conducted by NSS Volunteers for the patients those who attended out patient department of Ophthalmology

	ophthalmology department)			
24.03.2022	World Tuberculosis Day	42	3 hrs	• Conducted Rally from Neyyattinkara Municipal Stadium to NIMS Medicity. • Chief Minister Programme- Participated in TB Day programme at District Panchayat Hall , Pattom, TVM. Received certificate and memento for participation
02.04.2022	Autism Day	25	-	In connection with World Autism day, NIMS Medicity arranged day out trip for the kids of Anne Sullivan Centre for specially abled children. The fun trip to Lulumall , TVM was flagged off by Mr. M S FaizalKhan, Managing Director, NIMS Medicity
07.04.2022	World Health day	60	1hr	Conducted Health Camps and exhibition of healthy diet at Food court. On behalf of world health day NSS volunteers distributed palmphletof balanced diet.

19.04.2022	World liver day	20	1hr	The program aims to increase awareness about healthy liver anddrawattention **to** liver related diseases. Conducted at OPD of gastroenterology. Volunteers prepared a poster regarding liver disease and healthy foods.
24.04.2022 - 30.04.2022	World Immunization Week	30	2hrs	Students of first year BSc nursing conducted awareness compaign on importance of immunization and immunization schedule in childhood. DrHazeena K R Chief neonatologist. took session on importance of immunization.
07.05.2022	NIMS Anne Sullivan Anniversary Celebration	25	1 hr	As a part of Anniversary celebration of NIMS Annie Sullivan, Center for specially abled children, NSS Volunteers Organised a skit on" Annie Sullivan, the light of Helen's life". The program was inaugurated by Mr Jose Franklin, chairman of Neyyattinkara Municipality Health Standing Committee.

12.05.2022	International nurses day.	60	3 hr	NSS Volunteers and faculties from Nims College of Nursing. Organizers International Nurses day at NIMS auditorium.As a part of International nurses week celebrations Many students and faculties participated at government school of nursing and a awarded many Prices in various cultural events.

31.05.2022	World No Tobacco day	25	1hr	NSS volunteers from Nimsmedicityconducted Flash mob on prevention of drug addiction and ill effects of tobacco at NimsMedicity auditorium. On the same day, NSS Volunteers. Participated Mega poster competition and exhibition at KIMS Health, Anayara.
04.06.2022	World Environment day	60	4hrs	NSS unit of Nims College of Nursing, conducted World Environment Day. "Only one Earth" is ancampaign slogan, with the focus on living sustainably in harmony with nature. NSS Volunteer and teachers selected an area in the hospital campus near to the hostel. The land was cleaned and a beautiful vegetable garden created by the students. NSS volunteers

				planted many saplings and made the day very memorable.
07.06.2022	World Food Safety Day	25	1 hr	NSS units of Nims, College of Nursing, conducted World Food Safety Day. As a part of this, an awareness campaign conducted by MrsAswathy , the dietitician of NimsMedicity.Followed by posters presented by NSS volunteers. The campaign stresses the need to transform food systems to deliver better health in a sustainable manner in order to prevent most foodborne diseases.
14.06.2022	World blood donor day	30	3 hr	NSS Volunteers and faculties from Nims College of Nursing conducted world blood donor day. The theme was “donating blood is a sign of solidarity. Joint effort save lives.” NSS volunteers are actively participated and many of them donated the blood.

NSS SPECIAL CAMP 2021

SHADOW

Date	Timing	Activities
	5 pm – 6 pm	Welcome Speech: Mrs. JosphineVinitha, Vice Principal, Inauguration: Prof. J Daisy, Principal, NIMS College of Nursing

13.01.2021	6 pm – 7pm	Division of Committee
	7 pm – 8 pm	Details of Camp
14.01.2021	7.30 am – 8.30 am	Yoga
	8.30am – 9.30 am	NSS song , Theme of the day, Presentation of report (online),
	10.30 am - 1 pm	Sanitation work (following Covid protocol)
	6 pm - 7 pm	NSS preparation
	7 pm – 8 pm	Educational class
	9 pm – 10 pm	Cultural programme
15.01.2021	8 am – 8.30 am	Yoga
	8. 30 am – 9.30 am	NSS song , Theme of the day, Presentation of report (online),
	10 am – 1. pm	Sanitation work (following Covid protocol) , Plantation of trees and environmental sanitation
	6 pm – 7 pm	Educational class
	7 pm – 8 pm	Cultural programme
	7.30 am – 8.30 am	Yoga
	9 am – 9.30 am	NSS song , Theme of the day, Presentation of report

16.01.2021		(online),
	10 am – 1. pm	Puthuswathu(food preparation things commonly available in house
	6 pm – 7 pm	Educational class (Youth and diet plan)
	7 pm – 8 pm	Cultural programme
17.01.2021	7.30 am – 8.30 am	Yoga
	9 am – 9.30 am	NSS song , Theme of the day, Presentation of report (online),
	10 am – 2. pm	Field survey
	6 pm – 7 pm	Cultural programme
18.01.2021	7.30 am – 8.30 am	Yoga
	9 am – 9.30 am	NSS song , Theme of the day, Presentation of report (online),
	10.30 am – 11.30 am	Presentation of Survey report
	2 pm – 4 pm	Personality development class
	6 pm – 8 pm	Cultural programme
	7.30 am – 8.30 am	Yoga
	9 am – 9.30 am	NSS song , Theme of the day, Presentation of report

19.01.2021		(online),
	10 am – 2. pm	Educational class on craft preparation
	6 pm – 8.30 pm	Cultural programme
	8.30 pm – 9 pm	Feed back
	9 pm – 9.30 pm	Vote of Thanks, Mrs. JosphineVinitha, Vice Principal, NIMS College of Nursing

All NSS and Covid care activities are uploaded in **Facebook Page (NIMS FOUNDATION)**, and Nims College of Nursing website with proper location and date.

- FACEBOOK PAGE (NIMS FOUNDATION)
  (All activities of NIMS College of Nursing is uploaded in FB page)

www.nimscollegeofnursing.com

NIMS YRC UNIT – NEYYATTINKARA

QUARTERLY REPORT FROM 21-3-2022 TO 30-6-2022

NIMS college of nursing and Noorul Islam Institute Of Dental Sciences have established the NIMS youth red cross unit, Neyyattinkara with effect from 21-3-2022. An orientation programme regarding YRC unit was conducted. Shri. M S Faizal Khan, MD highlighted the importance of Red Cross Unit and its immence scope in serving the needy population. Dr. K A Saju, General Manager , Mr.sivakumar Raj Administrative co-ordinator, Mrs. S. Josphine Vinitha Vice principal, Mr.Sonu Quality System Officer, Mr.Pradeep Mohan Physical educator, Mrs.Asha Alex Asst. Professor were present during the meeting. The YRC team members were positively responded to the activities of the YRC, .

On 04/05/2022 YRC Teamconducted a meeting with counsellors. MD. Shri.Mr.Faizal Khan gave a outline for this palliative care and functions of YRC.Shri. P.K.Raja Mohan sir was

the chairperson of the YRC meeting All delegates gave positive suggestions regarding this programme.

On 08/05/2022 Station Commander of Thiruvananthapuram and Kochi , Neyyattinkara who visited NIMS medicity and inagurated the YRC club and the special programme “HOME CARE FOR BED RIDDEN PATIENT” .

On 21/05/2022 review meeting was conducted with MD and counsellors. Managing Director Mr. Faizal Khan said the benefits of Palliative care, palliative care process, programmes and how we can implement in all Neyyattinkara wards. The suggestions of counsellors were

- Should give special care to bed ridden patients.
- Helpless patients care
- 2 time visit for geriatric population.
- Presence of counsellors during the visit.

DAY 1 – 29/05/2022

First home visit , YRC team members visited and gave intial care, who was in need of ascitis tapping and reffered to MCH in NIMS ambulance.

DAY 2-30/05/2022

YRC team members visited a home at TB Junction. The patient name was Mr. Abu backer, 73yrs old bed ridden patient. YRC team members did vital signs, GRBS, and ryles tube insertion.

DAY 3 – 08/06/2022

YRC team visited 3 homes at Neyyattinkara and first patient was Mr. Manoharan, CKD patient. They were checked vital signs, GRBS and also provided health education about their condition. Second patient was Mrs. Nessamma 75yrs old, bed ridden patient. They were checked vital signs, GRBS and planned for catheterization on 09/06/2022.Third patient was Mr.John Nessama 70yrs old bed ridden patient. They were checked vital signs, GRBS and also provided health education about personal hygiene and first aid management. Mrs.Sreemathi Lekshmi , Counsellor was present during the care.

DAY 4 – 09/06/2022

YRC team visited a home at Neyyattinkara ward. The patient was Mrs. Nessamma, 75yrs old bed ridden patient. The team members checked vital signs, GRBS and also provided perineal care. Catheterization removal done, after that under sterile technique catheterization done. Finally comfortable position and health education provided to the patient and family members.

DAY 5 -10/06/2022

YRC team members visited a home at Neyyattinkara ward. The patient name was Mr. Manoharan, CKD patient. The team members were checked Vitals and GRBS and provided injection such as Inj.Fortum, Inj. Ampicillin based on Doctor's order. Health education given regarding personal hygiene.

DAY 6 – 11/06/2022

YRC team members visited the home at Neyyattinkara ward. The patient name was Mr. Manoharan, CKD patient. The team members were checked Vitals and GRBS and provided injection such as Inj.Fortum, Inj. Ampicillin based on Doctor's order Cannula were removed. Health education given regarding personal hygiene and healthy life syle.

14/06/2022

As a part of Blood donar day YRC team members was conducted blood donation campign. YRC team members, NIMS dental, nursing students and also teachers donated blood. YRC volunteers actively participated in the programme.

DAY 7 – 18/06/2022

YRC team visited the home at Manjavilakam, the patient name was Mr. Hari Krishnan, 28yrs old and the team members were collected history and also checked vital signs, GRBS. Provided health education to the patient and family members.

DAY 8 – 19/06/2022

YRC team visited 2 home at Vlathankara. The patient name was Mr.Krishnan, 74yrs old bed ridden patient and the team members checked vital signs,GRBS. Catheterization done under sterile technique. The Second patient was Mr. Shameer 36yrs old at Balaramapuram.YRC team members were provided basic Nursing care.

DAY 9 – 21/06/2022

YRC team visited a home at Pathamkallu. The patient name was Mr.Krishnan, 75yrs old bed ridden patient and the team members checked vital signs,GRBS. Ryles tube insertion done under sterile technique.

DAY 10 – 23/06/2022

YRC team visited 2 home at Muttaikadu Colony. The patient name was Mrs. Saraswathy, 66yrs old CVA patient. The team members were checked vital signs and GRBS. Also provided back care and basic hygienic care.

Second patient name was Mr. Radha, 59yrs old CVA patient. The team members were checked vital signs and GRBS. Also provided basic nursing care.

DAY 11 – 25/06/2022

YRC team visited 3 home. The first visited patient was Mr. Rethnamma, 88yrs old psychiatric and Glaucoma patient. The team members were checked vital signs and GRBS. Provided back care and basic hygienic care. Also provided health education regarding glycemic control.

Second patient was Mr. Lekshmanan 70yrs old, known case of spinal cord cancer and also bed ridden. The team members were checked vital signs and GRBS. Also provided health education regarding back care .Mr.Saju counselor was present .

DAY 12 – 29/06/2022

YRC team visited 4 home at Chaikottukonam. Mr.Saju, counsellor was present during the care. First patient was Mrs. Kamala bai, 78yrs, Psychatric and bed ridden patient. The team members were checked vital signs,GRBS. Provided back care and eye care. And also provided health education regarding personal hygiene and importance of back care.

Next patient was Mr. Sreekumaran, 25yrs old diagnosed as mental retardation. The team members were checked vital signs,GRBS. Provided back care and eye care. And also provided health education regarding personal hygiene and importance of back care.

Third patient was Mrs. Karyamal, 90yrs old, psychiatric patient and age related problems. The team members were checked vital signs,GRBS. Provided back care and eye care. And also provided health education regarding dietary management and importance of back care to the family members.

Finally visited the home of Mr. Pushpam , 56yrs old, diabetic patient. The team members were checked vital signs,GRBS. And also provided health education regarding dietary management, personal hygiene and importance of back care.

DAY 13 – 30/06/2022

YRC team visited a home at Chaikottukonam. The patient was Mrs. Kamala bhai, 78yrs old bed ridden patient.The team members were checked vital signs,GRBS. And also provided health education regarding dietary management, personal hygiene and importance of back care.

DAY 14 – 01/07/2022

YRC team visited a home near at NIMS Nursing college. The patient was Mr. Soman, 88yrs old bed ridden patient. The team members vital signs checked, bladder wash given and recatheterization done. And also provided health education regarding dietary management, personal hygiene and importance of back care.

DAY 14 – 01/07/2022

YRC team visited a home near at NIMS Nursing college. The patient was Mr. Soman, 88yrs old bed ridden patient. The team members vital signs checked, bladder wash given and recatheterization done. And also provided health education regarding dietary management, personal hygiene and importance of back care.

MEDICAL CAMPS

Free Medical camps were regularly conducted in community. Students are participated in Medical camp and our parent hospital has successfully conducted 4483 medical camps so far.

In recognition of our students courage in fighting against covid, the management and community leaders appreciated our students by honoring and recognized distribution of certificates as a token of appreciation.

Medical Camp

Sl.No	Date	Place	Name
1.	27.11.2021	Kerala KowmudiChettachal	Aswathy S Nair, Arya S A, Jyothi R S, Shahina. S,

			Suralekshmi. U.S
2.	28.11.2021	Mottamoodu, Cpim Branch	Aswathy S Nair, Arya S A, Jyothi R S, Shahina. S, Suralekshmi. U.S
3.	04.12.2021	Lions Club Kaipadi, Peerurkada	Aswathy S Nair, Arya S A, Jyothi R S, Shahina. S, Suralekshmi. U.S
4.	07.12.2021	Thiruvanathapuram	Ebi Raj, Bibin.B.Biju, Al.Ameen
5.	11.12.2021	Lions Club Manivila	Geethu G M, Neethu Mathew, Shabina S, Suralekshmi
6.	12.12.2021	Kerala Kowmudy, Palluvalli	Gopika S R, RevathyVinod
7.	16.12.2021	Vizhinjam	Geethu G M, Neethu Mathew, Subi Simon, Nisha K
8.	19.12.2021	Lions Club, Palode	Shabina, Aswathy S Nair, Arya S A, Anju B, Gopika S R
9.	23.12.2021	Vazhimukku	Aswathy S Nair, Arya S A, RevathyVinod, Nisha

10.	26.12.2021	Velavoor, Pirapincode	Anju Krishna, Anjali Mohan, Archana Krishna, RevathyVinod
11.	28.12.2021	Navasakthi, Poojapura	Shabina, Suralekshmi, Arya S A, Aswathy S Nair
12.	31.12.2021	Lions Club Attingal	Shabina, Haripriya, Aswathy S Nair, RevathyVinod
13.	2.1.2022	Gandhi Nagar, Kulathoor	Aswathy S Nair, RevathyVinod, Anju Krishna, Archana Krishna
14.	8.1.2022	Vrindhavan, Palode	Aswathy S Nair, Shabina, Anju B, Adithya R S, Adithya R
15.	9.1.2022	Trivandrum Lions Club, Konchiravila	Aswathy S Nair, Shabina, Anju B, Aswathy S A, Reshma Raj
16.	16.1.2022	K P M H S S, Cheriyavellinalloor	Aswathy S Nair,Anju B, Shabina S, Reshma, Anushka, Aparna
17.	26.1.2022	S B Marginfree, Chavadinada	Akash, Raji, Kavya, Manjeera

18.	13.2.2022	Nellimoodu	Anju B, Krishna, Shivani, Teeja
19.	20.2.2022	Lions Cliub, Kavaalottukonam	Aswathy S Nair, RevathyVinod, Gibi Anna B George, Pooja S Babu
20.	23.2.2022	Lions Club, Vazhimukku	Shabina, Suralekshmi, Arya S A, Aswathy S Nair
21.	24.2.022	Nss College For Women, Niramankara	Shabina, Surealekshmi, Arya Sa, Gini, Sajina
22.	25.2.2022	Nss College For Women, Niramankara	Lekshmi, Shabina, Suralekshmi, Arya. S A, Geethu, Jyothi, Bijusha, Devika
23.	26.2.2022	Vellanad, KsrtcDepo	Aswathy S Nair, Sruthi S S, K>Arun, Adil
24.	27.2.2022	Venjaramoodu	Ananya, Abhirami, Reshma.P, Josna
25.	2.3.2022	KulathoorTemble	Aswathy S Niar, Sruthy S S, Varna, Greeshma
26.	3.3.2022	Marayamuttom	Aswathy S Nair, Sruthy S S, Arya S A, Aiswarya, Gadha

27.	7.3.2022	Kanjiramkulam	Nisha K, RevathyVinod, Arya S M, Jyothika R
28.	8.3.2022	Womens Day Special Camp At NimsMedicity	AnjuKrishan, Karthika M G, Anjitha S J, Angel Mahiba, Anjali, Amrith S A, Arya U S
29.	10.32022	Kidney Day At NimsMedicity	Aleene S Roby, AnfyNinom, AsmiAsad, Abhirami, Jyothi, Bismi, Anika, Aswani
30.	12.3.2022	Nandancode	Anju Krishna, Anju B, Ancy J Biju, NimaBoben
31.	13.3.2022	JumaMasgid, Chullimanoor	Aswathy S Nair, Anju B, Arya S A, Jasmin S, Teena Mary
32.	15.3.2022	Ooruttukala	Aswathy S Nair, Aleena, Anfy, Atira L, Nafziya
33.	16.3.2022	KottukaChenamvila	Aswathy S Nair, Anju B, Subi, Midhula
34.	17.3.2022	Anchal	Arya S A, Haripriya, Akhil Chand, Mohammed Asif
35.	19.3.2022	Keezupaloor	Aswathy S Nair, Arya S A,

			Meenakshi, Krishna
36.	20.3.2022	Paruthikuzhy	Anita Joseph, AnjanaRajan, Reelekshmi S S, Gopika U B
37.	23.3.2022	Malankara Catholic College	AnupriyaRajan, Anna Rachel, Anaswara, Alit Denny
38.	25.3.2022	G R Public School	Ayona Benny, Archana K Ajayan, Reethu B, Elsa Susan
39.	26.3.2022	V K P Nagar, Kanjirampara	Shabina, Nisha, Athira B, Nayana
40.	26.3.2022	N I University, Thakalai	Sarika, Darshana, Midhun, Lekshmi A S, Mariya James, Fathima S, AmithaSatheesh
41.	27.3.2022	Ponara U P School	Aswathy S Nair, Arya S A, Chinnu, Ayona, Akhila, Akshaya
42.	28.3.2022	Arumallor	Bivit, Nima, Aiswarya, Nandhana
43.	28.3.2022	Krishnan Kovil,	Indhu, Anuoriya, Gouri,

		Neyyatinkara	Reshma S
44.	29.3.2022	Krishnan Kovil, Neyyatinkara	Jyothi, Stebhy, Teena Marry, Teeja Marry
45.	30.3.2022	Krishnan Kovil, Neyyatinkara	Devika, Jyothika, Sheela, Sneha
46.	30.3.2022	VengapottaSndp Hall	Shabina, Suralekshmi, Gadha, Arya
47.	31.3.2022	Krishnan KovilNeyyatinkara	Gopika, Sruthy, Angel, Adithya
48.	3.4.2022	Kollamkodu	Elizabeth Thankachan, Daisy Carmel, Akhila Rasheeth, Reethu, Elsa Susan
49.	3.4.2022	KrishnankovilNeyyatinkara	Bismi, Midhula, Nafziya
50.	4.4.2022	Kollamkodu	Arun, Ajai, Pratheesh, Athul
51.	4.42022	Ayurveda Camp At Pangode	Gopika V B, Jayalekshmi, Ashna B S
52.	5.4.2022	Ayurveda Camp At Pangode	AshnaCelin, Ashna B S, Nishana
53.	5.4.2022	Krishnan Kovil, Neyyatinkara	Jayalekshmi,Ashna B S, Gopika V B

54.	6.4.2022	Ayurveda Camp At Pangode	Amina, Devika, Annie, Noorniza
55.	6.4.2022	Krishnan Kovil, Neyyatinkara	Angel, Adithya, Aparna
56.	6.4.2022	Nellimoodu	Ayisha, Raniya, Nishana, Gopika
57.	7.4.2022	Ayurveda Camp At Pangode	Nishana, Sruthi S Nair, Athul, Pradeesh
58.	7.4.2022	Punalal	Reshma Mohan, Raniya Rafi, Jayalekshmi
59.	9.4.2022	KsrtcEnchakkal	Aysha, AshnaCelin, Ashna B S, Anju B
60.	10.4.2022	Nanniyode	Sruthi S Nair, Reshma Mohan, Gopika R S
61.	10.4.2022	Ksrtc Near Lulu Mall	Jayalekshmi, Ashna B S, AshnaCelin, Athul, Pradeesh, Raniya Rafi
62.	13.4.2022	KarikkakamTemble	Arya S A, Aswathy S Nair
63.	13.4.2022	Vattiyoorkavu	Sruthi S Nair, Ashna, Aparna, Gopika J S
64.	14.4.2022	Chengottukonam	Arya, Aswathy S Nair, Athul, Aysha

65.	15.4.2022	Kaviyodu	Aswathy S Nair, Arya S A, Jayalekshmi, Reshma
66.	16.4.2022	Kachani	Aswathy S Nair, Arya S A, Shilpa A S, Sharon
67.	17.4.2022	Du Hen RoaDresidence Association	Aswathy S Nair, Arya S A, Aysha, Raniya
68.	19.4.2022	Liver Day Camp At Nims	AshnaCelin, Nishana, Aysha, Aparna, Raniya, Gopika J S, Gopika V B, Reshma, Pradeesh, Athul
69.	20.4.2022	NssKarayogam, Malayinkeezhu	Jayalekshmi, AshnaCelin, Nishana, Athul, Pratheesh
70.	22.4.2022	Punnamoodu	Gopika R S, Sruthi, Gopika V B, Reshma
71.	23.4.2022	Vellayani	AshnaCelin, Nishana, Raniya, Gopika J S
72.	26.4.2022	Nellikadu	Aparna, Gopika J S, Ashna B S, Gopika R S
73.	30.4.2022	Ymca Hall, Aruvikkara	Ashna B S, Athul, Pradeesh, Reshma
74.	1.5.2022	First Aid Camp- Kerala Olympics	Raniya, Aysha, Ashna B S

75.	2.5.2022	First Aid Camp- Kerala Olympics	Gopika J S, AshnaCelin, Ashna, Gopika R S
76.	2.5.2022	Bhagavathinada	Jyalekshmi, Reshma, Aparna
77.	3.5.2022	First Aid Camp- Kerala Olympics	Reshma Mohan, AshnaCelin, Ashna, Gopika R S
78.	4.5.2022	First Aid Camp- Kerala Olympics	Reshma Mohan, AshnaCelin, Ashna, Gopika R S
79.	5.5.2022	First Aid Camp- Kerala Olympics	Reshma Mohan, AshnaCelin, Ashna, Gopika R S
80.	5.5.2022	Pothencode	AshnaCelin, Gopika J S, Aparna
81.	6.5.2022	First Aid Camp- Kerala Olympics	Ashna B S, Pradeesh, Athul, Reshma, Raniya
82.	6.5.2022	Trivandrum	AshnaCelin, Gopika J S, Nishana
83.	7.5.2022	First Aid Camp- Kerala Olympics	Ashna B S, Pradeesh, Athul, Reshma, Gopika R S

84.	7.5.2022	Trivandrum	Aparna, Gopika J S, Jayalekshmi
85.	8.5.2022	First Aid Camp- Kerala Olympics	Nishana, Aysha, Gopika J S
86.	8.5.2022	Karamana	Ashna B S, AshnaCelin, Aparna, Raniya, Sruthi
87.	9.5.2022	First Aid Camp- Kerala Olympics	Gopika V B, Sruthy, Reshma, Gopika R S
88.	9.5.2022	Rasheed Auditorium, Vazhimukku	Athul, Gopika J S, Pradeesh
89.	10.5.2022	First Aid Camp- Kerala Olympics	Ashna, Nishana, Reshma, Gopika, Jayalekshmi
90.	10.5.2022	Swamiyar Madam, Kanyakumari	Aysha, Gopika V B, Raniya
91.	12.5.2022	ElanjikalTemble, Karakonam	Ashna B S, Reshma, Jayalekshmi
92.	13.5.2022	Mylakkara	Sruthi, Gopika J S, Raniya
93.	14.5.2022	Christian College Kattakada	Nishana, Gopika R S, Sruthi
94.	16.5.2022	Kachani	Aysha, Gopika V B, Reshma

95.	17.5.2022	Udayankulangara	Aparna, Gopika J S, Ashna B S
96.	18.5.2022	Valiyathoppu	Sruthi, Gopika J S, Aysha
97.	20.5.2022	Neyyatinkara	Gopika V B, Aysha, AshnaCelin
98.	21.5.2022	Ambalanagar, Vattapara	Gopika R S, Aparna, Raniya
99.	22.5.2022	Parassala	Pradeesh, Athul, Ashna B S
100	23.5.2022	Lions Club Perumkadavila	Pradeesh, Athul, Gopika J S
101	24.5.2022	Thyroid Camp At Nims	Anjali Mohanan, Angel, Amritha S A, Arya U S, Anjitha, Archana Krishnan, Athira Sivan, Archana K R
102	24.5.2022	Karikkulum, Poovar	Nishana, Ashna B S, AshnaCelin
103	25.5.2022	Lions Club, Pirappancode	Sruthy, Gopika J S, Nishana
104	26.5.2022	Anayara	Jayalekshmi, Reshma, Aparna
105	27.5.2022	NssKarayogam Hall,	Gopika V B,Aparna,

		Manakadu	Aysha, Sithara, Silpa,Amalu, Fathima, Anju
106	28.5.2022	Ymca Hall, Vettinadu, Vembayam	Aparna, Nishana, AshnaCelin
107	29.5.2022	Aa Auditorium, Palode	Nishana, AshnaCelin, Reshma
108	30.5.2022	Lions Club Mukola	Ashna B S, Aysha, Jayalekshmi
109	2.6.2022	VikasTution Centre, Pravachambalam	Lekshmi A S, Mariya James, Aayisha, Abin
110	3.6.2022	Merys Old Age Home Mathoor, Thiruvattar	AfeeraMol, Ajithra, Adithyan, Aifuna
111	4.6.2022	Vallavila, Kayapuram	Amala. B, AmaluMariya, Aismitha, Ajeesha
112	5.6.2022	Muttaykadu, Kovalam	Vaishnavi, Bilby, Albin, Amritha
113	9.6.2022	Pirayamoodu	Rahana, Sofiya, Anjana, Ann Maria
114	11.6.2022	Pazhayachantha, Kallara	Shilpa, Priya, Anupa, Dharshana
115	12.6.2022	Pirappincode	Aroma, Naha Biju,

			Mariyam, Nigitha
116	13.6.2022	Anayara	Bibin, Ebi, Aparna, Arathy
117	18.6.2022	Pothencode	Sandhra A Johny, Sheba, Aziya, Athira Singh
118	19.6.2022	Pirappancode	Athira K B, Diana Thomas, Arathy P S, Ashly Johnson
119	22.6.2022	SndpLpShoolAruvikkara	Liya, Sherin, AthiraKkrishna, Athira B M
120	22.6.2022	Balaramapuram	Nivya, Sandra A Johny, Ann Miriya Tom, AparnaDileep
121	23.6.2022	Govt High School, Neyyatinkara	Amitha, Archana K R, Atheena, AsnaFathima
122	23.6.2022	Govt High School Perumpazhthoor	Nivya, Rehna, Binsy, Bismiya
123	25.6.2022	Skill Training CentrUzhamalaykal	Sandra Suresh, Sajina, Budhpriya, Devu
124	26.6.2022	Nannamkuzhi	Sithara, Priya, Dinshad, Feby
125	29.6.2022	My Family Clinic, Kattakada	Sajina, Amitha, Gopika, Gourinandha

126	1.7.2022	Costal Police Station, Vizhinjam	Soya Thambi, GathasreeRaju, Feba James, Aroma Babu, Jinsha, JobishaMol, Kalyani, JumanaFathima
127	2.7.2022	Lions Club Muthuvila	Vaishnavi, Sofiya, Karolin, Keerthi
128	3.7.2022	Tripadam Auditorium, Njalikonam	AnuNoushad, Bilby, Krishna Priya, Mariyam
129	5.7.2022	Fort Girls School Tvm	Lekshmi S S, Lekshmi A S, Melvi Anna, Melvin
130	6.7.2022	Fort Girls School Tvm	Liya, Megha, Resmi Suresh, Saffron
131	7.7.2022	Fort Girls School Tvm	Lekshmi S S, Lekshmi A S, Melvi Anna Lalu, Melvin Murphy
132	8.7.2022	AyiravilaTemble Auditorium, Palode	Sruthy, Sindhumol, Aayisha, Aismitha
133	9.7.2022	Sri Kottaram Devi Temble Hall, Neyyar Dam	Sharon, Shilpa, Binsy, Amitha, Priya, Angel, Anjitha
134	10.7.2022	Karmalamatha Church,	Mariya, Bilby, Ann

		Eliyapuram	Mariya, Athira Singh
135	12.7.2022	GovtHsUtharamcodu	Mariya, Bilby, Gouri, AsnaFathima
136	13.7.2022	Sri Durga Devi Temble Hall	Amritha, Bhavya, Safrin, Shihana
137	16.7.2022	Ksrtc Swift Office Anayara	Revathy J S, Ajitha, Radika, Sinju
138	17.7.2022	Malankara Catholic Church Urumbu	Soya, Sithara, Rahana, Vaishnavi, Nisha, Bilby, Tisha, Sowmya
139	19.7.2022	Sndp Hall, Muttykkadu	Gadhasree, Ameena, Sumi, Surya
140	20.7.2022	Pulari Residential Association, Kalluvettankuzhi	Sofiya, Sruthy, Amirtha, Ayisha
141	21.7.2022	Sndp Hall Sreekaryam	Archana K R, Feba, Ann Mariya, Aismitha
142	23.7.2022	Won's Club Pappanamcode	Anju Alexander, Sandra Suresh, Raisa, Amanda
143	29.7.2022	Puthanpalli Auditorium, Panavoor	Ebi, Bibin, Vaishma, Thasneem
144	30.7.2022	Trivsndrum Club,	Anjitha, Angel, Sajina,

		Valiyathura	Sruthy
145	31.7.2022	Little Buds Pre School Malayam	Sandra A Johny, Sandra K, Ajina, Sradha, Soya, Bilby
146	6.8.2022	Govt U P School Kumarapuram	Amisha Ramesh, Anannya P R, Teeja Mary, Varna S
147	8.8.2022	Muslim Association, Mohanapuram, Thonnakal	Afeera, Amala B Babu, Amanta, Ajina
148	11.8.2022	Govt High School Vellamcode	Ajiothra, Ameena, Abhirami, Adithya
149	13.8.2022	Kunnathukal	Anjali, Sofiya, Amanta, Amethyst
150	14.8.2022	Lions Club Marapalam	Anju Krishna, Anjana K Kraishna, Lekshmi S S, Krishna R S
151	14.8.2022	Nellimoodu New H S S	
152	15.8.2022	Bramalayam, Pangapara	Archana K R, SruthySatheesh, Sibija, Ajina
153	16.8.2022	Police Training College Thycadu	Amitha, AthiraShivan, Bhavya, Nivya
154	17.8.2022	Nettayam, A R R School	Amalu, Fathima, Anita, Anfy

155	18.8.2022	Thiruvallam	Haranya, GathaSree, Ebi, Bibin
156	19.8.2022	Aralumoodu C S I Church	Kavya, Anu, Noushad
157	20.8.2022	Attukal Ward Committee Office	Diyana K Thomas, Bilbimol Alex
158	21.8.2022	Kalluvettankuzhi C S I Church	Anju Alexander. Feba James
159	22.8.2022	Swift Office Anayara	Aparna, Ashna, Raniya, Asiya
160	23.8.2022	Cheriyakolla	Adithya, AshnaCelin, Aysha
161	24.8.2022	Rotary Club Technopark	Devikrishna, Athul
162	25.8.2022	Rotary Club Technopark	Anjana A R, Jeena
163	26.8.2022	Releaf Physiotherapy Centre Tvm	Pratheesh, Gopika V B, Geo
164	27.8.2022	KulachalTamilnadu	Liji, Jayalekshmi, Nishana, Arathy
165	28.8.2022	AyanimooduPurasamithi Unit	Ashna, aparna
166	31.8.2022	Tvm Metropolis Lions Club	Ashna B S, Devi Krishna, Adhil

From January 2021 to August 2022

(Criterion-1)

Certificates programs

Sl. No	Date	Programme Topic	Beneficiaries
1	13.05.2022 to 30.05.2022	Child development –First 1000 days	II-Year B.Sc (N)
2	03.07.2022 to15.07.2022	Infection control Practices	IV-Year B.Sc(N)
3	17.08.2022 to 23.08.2022	First Aid	I-Year B.Sc (N)
4	18.01.2021 to 24.01.2021	Genetics	III-Year B.Sc(N)

From January 2021 to August 2022

Interdepartmental programs

Sl.No	Date	Topic	Beneficiaries
1	18.02.2021	Obstetrical Emergencies	IV-Year B.Sc (N)
2	07.03.2021	Anesthesia and OT techniques	II-Year B.Sc (N)
3	24.06.2021	Newer modalities of fetal	IV-Year B.Sc (N)

		assessment	
4	06.12.2021	Developmental Medicine	III-Year B.Sc (N)
5	12.08.2022	Traumatic Brain injury	III-Year B.Sc (N)

Criterion -2

MENTOR MENTEE TRAINING PROGRAMME

On 30.07.2021 we conducted mentor mentee training programme for faculties and on 24.06.2022 and 16.08.2022 for B. sc nursing students about moral value and discipline.

CLUB ACTIVITIES

SNo	Name of the Club	Date	Name of the activity	Participants involved
1.	**Literary Club**	**23/4/22**	**WORLD BOOK DAY**	• Anjana K • Anjali R • Krishnapriya • Jeevika V • Devu S • Feby Johny • Sumi • Megha Krishna
		23/5/22	**GURUVANDANAM**	• Aayisha S • Aismitha M • Amritha VS • Ajeesha • Anagha • Albin • Abin Adithyan
		19/6/22	**NATIONAL READING DAY**	• Aayisha S • Aismitha M • Devu S • Feby Johny • Sumi B • Megha
2.	**ENVIRONMENTAL CLUB**	**15/12/21**	**SIGNIFICANCE OF ENERGY**	III rd year BSc nursing
		22/3/22	**CONSERVATIONWORLD WATER DAY**	III rd year BSc nursing
		22/4/22	**WORLD EARTH DAY**	II nd year BSc nursing
		19/8/22	**FARMERS DAY**	II nd year BSc nursing
3.	**SPORTS CLUB**	**19/8/22**	**KERALA MARATHON 2022**	I st year BSc nursing II nd year BSc nursing III rd year BSc nursing

		2/5/22	**KERALA OLYMICS**	I st year BSc nursing II nd year BSc nursing III rd year BSc nursing
		3/5/22	**KERALA OLYMICS**	I st year BSc nursing II nd year BSc nursing III rd year BSc nursing
		4/5/22	**KERALA OLYMICS**	I st year BSc nursing II nd year BSc nursing III rd year BSc nursing
		5/5/22	**KERALA OLYMICS**	I st year BSc nursing II nd year BSc nursing III rd year BSc nursing
		6/5/22	**KERALA OLYMICS**	I st year BSc nursing II nd year BSc nursing III rd year BSc nursing
		7/5/22	**KERALA OLYMICS**	I st year BSc nursing II nd year BSc nursing III rd year BSc nursing
		8/5/22	**KERALA OLYMICS**	I st year BSc nursing II nd year BSc nursing III rd year BSc nursing
		9/5/22	**KERALA OLYMICS**	I st year BSc nursing II nd year BSc nursing III rd year BSc nursing

		10/5/22	**KERALA OLYMICS**	I st year BSc nursing II nd year BSc nursing III rd year BSc nursing
		21/6/22	**INTERNATIONAL YOGA DAY**	I st year BSc nursing II nd year BSc nursing III rd year BSc nursing IV th year BSc weeks nursing
		23/6/22	**INTERNATIONAL OLYMPIC DAY**	I st year BSc nursing II nd year BSc nursing III rd year BSc nursing IV th year BSc weeks nursing
		25/7/22-29/7/22	**SPORTS WEEK**	I st year BSc nursing II nd year BSc nursing III rd year BSc nursing IV th year BSc weeks nursing
		29/8/22	**NATIONAL SPORTS DAY**	I st year BSc nursing II nd year BSc nursing III rd year BSc nursing IV th year BSc weeks nursing
4.	**ACADEMIC CLUB**	**23/2/17**	**ACADEMIC COUNSELLING MEETING**	FACULTIES
		13/12/18	**ACADEMIC COUNSELLING MEETING**	FACULTIES

		29/8/17	**WORKSHOP**	I st year BSc nursing II nd year BSc nursing III rd year BSc nursing IV th year BSc weeks nursing
		29/8/19	**WORKSHOP**	I st year BSc nursing II nd year BSc nursing III rd year BSc nursing IV th year BSc weeks nursing
		14/5/20	**WORKSHOP**	I st year BSc nursing II nd year BSc nursing III rd year BSc nursing IV th year BSc weeks nursing
		8/10/21	**ACADEMIC COUNSELLING MEETING**	FACULTIES
		17/11/21	**WEBINAR**	I st year BSc nursing II nd year BSc nursing III rd year BSc nursing IV th year BSc weeks nursing
		15/6/22	**WORKSHOP**	I st year BSc nursing II nd year BSc nursing III rd year BSc nursing IV th year BSc weeks nursing

5.	**CULTURAL CLUB**	**16/12/22**	**CHRISTMAS CELEBRATION**	I st year BSc nursing II nd year BSc nursing III rd year BSc nursing IV th year BSc weeks nursing
		1/4/22-2/4/22	**CULTURAL FEST 2022**	I st year BSc nursing II nd year BSc nursing III rd year BSc nursing IV th year BSc weeks nursing
		5/5/22 **12/5/22**	**NURSES WEEK CELEBRATION**	I st year BSc nursing II nd year BSc nursing III rd year BSc nursing IV th year BSc weeks nursing
		1/8/22	**ONAM CELEBRATION**	I st year BSc nursing II nd year BSc nursing III rd year BSc nursing IV th year BSc weeks nursing

Criterion -3

Research Innovation and extension

I Seminars/workshops details:

Sl.No	Date	Topic	Name of the speaker

1.	19-10-2022	Covid -19 respiratory emergencies	Dr, Ceazer
2.	17-11-2021	IPR	Adv. BinuThottathil
3.	10-12-2021	Relevancy of human rights movements	Adv. Vinod Sen
4.	04-02-2022	Emergency management of medications in clinical practice	Dr. Godwin S E
5.	05-02-2022	Neoplasms	Dr. Aravind mahesh
6.	25-05-2022	Congestive Cardiac failure – clinical updates	Dr. Hazeena, Dr.Kiran Gopinath,Dr. Asher Mrs. Suchithra P V
7.	29-07-2022	Good laboratory practice in clinical microbiology	Mrs. Saritha sadanandan pillai
8.	03-08-2022	Copy right law basics for Nursing Professsionals	Mr. parveez kundrolli

MoU details:

Sl.no	Date	Name of the institution/ company
1.	29-07-2022	Xcellogen Bio tech pvt. Ltd
2.	01-08-2022	Thyro health care diagnostics
3.	03-08-2022	Clin Bio care technologies
4.	05-08-2022	Biozone research technologies pvt ltd

Sl no	Date	Programme – topic	Beneficiaries
	19/01/2021	Sjogren's syndrome	Nursing students
	08/12/2021	Candle syndrome	Nursing students
	15/12/2021	Pompe disease	Nursing students
	12/01/2022	Dyke-Davidoff disease	Nursing students
	15/06/2022	Wiskott- Aldrich Syndrome	Nursing students
	15/06/2022	Chronic fatigue syndrome	Nursing students

Journal club programme

CRITERIA -6

TRAINING PROGRAMME FOR HOSPITAL STAFF

From January 2021 to August 2022

SL NO	NAME OF THE FACULTY	NAME OF THE PROCEDURES	Date

	MRS. RESHMA	Vital Sign • Axillary temperature • Rectal temperature • Pulse • Respiration • Blood pressure	12.08.2021 16.08.2021
	MRS. SALI S S	Bed making • Open • Closed Hygienic Needs • Oral hygiene • Eye care	22.07.2021 26.07.2021
	MRS. REMYA	• Nail Care • Back Care and care of pressure points • Pressure ulcer care • Stages of bed sore , Braden scale • Ear bandaging • Offering bed pan	29.07.2021 02.08.2021
	MRS. GREESHA	• Admission and discharge procedure • General pre and postoperative nursing • Blood Transfusion • Administration of TPN	05.08.2021
	MR. Y. SHALIN GIJO	• Assisting with Arterial puncture • Measuring CVP • Assisting in abdominal paracentesis • Assisting for cardiac catheterization	26.08.2021
	MRS. SABITHA S S	• Insertion of NG tube • Ryles tube feeding • Feeding helpless patient • Ryles tube aspiration	02.09.2021

	MRS. SOWMIA S	• Catheter Care • Assisting with Colonoscopy • Assisting with liver Biopsy • Assisting with renal biopsy	09.09.2021
	MRS. SMITHA	• Insertion of suppositories • Applying topical medication • Narcotic drug administration • Nebulization	16.09.2021
	MS. SONIA	• Administering metered dose inhalation • Administering oxygen • Assisting the patient with the use of incentive spirometry • Assisting with bronchoscope	23.09.2021
	MRS. LEKSHMI	• Chest Physiotherapy • Performing venipuncture • Administering IV Injection • Administering IV infusion • Feeding through gastrostomy/ Jejanostomy tube	30.09.2021
	MRS. ARCHANA	• Administering oral medication • Administering ID injection • Administering SC injection • Administering IM injection	07.10.2021 11.10.2021
	MRS. RIYANKA	• Insertion of indwelling urinary catheter (male , female), Catheter care & Removal • Enema • Bowel wash • Bladder irrigation	20.10.2021
	MRS. NITHA	• Cold compress • Hot water bag • Tepid sponge, ice cap • Sitzbath,	25.10.2021
	MRS. SOWMYA J S	• Ear instillation • Nasal instillation • Eye instillation • Vaginal instillation	01.11.2021

	MRS. MERCY	• Colostomy care • Transfer procedure • Assisting with endoscopy • Assisting with digital substraction and angiography	08.11.2021
	MRS. ASHA KUMARI	• Immediate care of new born • Phototherapy • Fumigation protocol • Range of motion exercise • End of life care	15.11.2021 18.11.2021
	MRS. ASHA PRIYA	• Assessment of dehydration • Care of child in ventilator • Feeding a high risk neonate • Isolation protocol • Catheter care and removing indwelling catheter	22.11.2021 25.11.2021
	MRS. SAJITHA	• Antenatal examination • Performing Non stress test • Preparing the patients for USG (antenatal) • Conducting per Vaginal examination	29.11.2021
	MRS. SALINI	• Conducting normal vaginal delivery • Postnatal assessment • Preparation for patient for obstetrics and gynecology surgeries • Perineal care	06.12.2021 09.12.2021
	MRS. ASWATHY	• Care of patients rooms after discharge • General cleaning of ventilators • Blood and body fluid spillage • Prevention of nosocomial infection • Hair Wash & Hair care	13.12.2021

	MRS. NITHYA	• Waste segregation Chart • Assisting oxygen saturation using pulse oxymeter • Assisting with insertion of Sengstaken Blakemore Tube • Assisting with amniocentesis	20.12.2021

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TRAINING PROGRAMME FOR HOSPITAL STAFF -2022-2023

SL NO	NAME OF THE FACULTY	NAME OF THE PROCEDURES	Signature of the Faculty
1	MRS. MIDHUNA	Bed making • Open • Closed Hygienic Needs • Oral hygiene • Eye care • Sponge bath	04.08.2022 11.08.2022
2	MRS. ASWATHY I S	• Nail Care • Back Care and care of pressure points • Pressure ulcer care • Stages of bed sore , Braden scale • Ear bandaging • Offering bed pan	22.08.2022 25.08.2022
3	MRS. AKHILA RAJ	• Insertion of NG tube • Ryles tube feeding • Feeding helpless patient	29.08.2022

		• Ryles tube aspiration	01.09.2022
4	MRS. ANUPRIYA	• Immediate care of new born • Phototherapy • Fumigation protocol • Range of motion exercise • End of life care	12.09.2022 15.09.2022
5	MRS. PADMAJA	• Assessment of dehydration • Care of child in ventilator • Feeding a high risk neonate • Isolation protocol • Catheter care and removing indwelling catheter	19.09.2022 22.09.2022
6	MRS. ASHMI	• Administering oral medication • Administering ID injection • Administering SC injection • Administering IM injection	26.09.2022 29.09.2022
7	MRS. SARANYA	• Performing Non stress test • Preparing the patients for USG (antenatal) • Conducting per Vaginal examination	03.10.2022 06.10.2022

8	MRS. NITHYA	• Assisting oxygen saturation using pulse oxymeter • Assisting with insertion of Sengstaken Blakemore Tube • Assisting with amniocentesis	10.10.2022 13.10.2022
9	MRS SONIYA V S	• Hair Wash &Hair care • Insertion of indwelling urinary catheter (male , female), Catheter care & Removal • Chest Physiotherapy	17.10.2022 20.10.2022
	MRS. ANCY K	• Performing venipuncture • Administering IV Injection • Administering IV infusion	27.10.2022 03.11.2022
10	MRS. RESHMA	Vital Sign • Axillary temperature • Rectal temperature • Pulse • Respiration • Blood pressure	07.11.2022 10.11.2022

11	MRS. GREESHA	• Admission and discharge procedure • General pre and postoperative nursing • Blood Transfusion • Administration of TPN	14.11.2022
12	MRS. SOWMIA S	• Catheter Care • Assisting with Colonoscopy • Assisting with liver Biopsy • Assisting with renal biopsy	21.11.2022
13	MRS. SMITHA RAJ	• Insertion of suppositories • Applying topical medication • Narcotic drug administration	28.11.2022
14	MS. SONIA SUGATHAN L	• Administering metered dose inhalation • Assisting the patient with the use of incentive spirometry • Assisting with bronchoscope • Administering Oxygen	05.12.2022
15	MRS. SUBHA D	• Feeding through gastrostomy/ Jejanostomy tube • Prevention of nosocomial infection • Nebulization	12.12.2022

16	MRS. RIYANKA	• Enema • Bowel wash • Bladder irrigation	19.12.2022
17	MRS. NITHA	• Cold compress • Hot water bag • Tepid sponge, ice cap • Sitzbath,	02.01.2023
18	MRS. SOWMYA J S	• Ear instillation • Nasal instillation • Eye instillation • Vaginal instillation	09.01.2023
19	MRS. MERCY	• Colostomy care • Transfer procedure • Assisting with endoscopy • Assisting with digital substraction and angiography	16.01.2023
20	MR. Y. SHALIN GIJO	• Assisting with Arterial puncture • Measuring CVP • Assisting in abdominal paracentesis	23.01.2023
21	MRS. SAJITHA	• Antenatal examination	30.01.2023

22	MRS. SALINI	• Conducting normal vaginal delivery • Postnatal assessment • Preparation for patient for obstetrics and gynecology surgeries • Perineal care	06.02.2023
23	MRS. ASWATHY S NAIR	• Care of patients rooms after discharge • General cleaning of ventilators • Blood and body fluid spillage • Waste segregation Chart	13.02.2023

CNE/WORKSHOP/ADMINISTRATIVE TRAINING PROGRAMME /FDP

SL NO	DATE	NAME OF THE PROGRAMME	BENEFICIARIES
01	01/02/2022	CNE PROGRAM ON MS WORD	NURSING COLLEGE FACULTIES
02	03/02/2022	CNE PROGRAM ON MS POWERPOINT	NURSING COLLEGE FACULTIES
03	05/02/2022	CNE PROGRAM ON MS EXCEL	NURSING COLLEGE FACULTIES
04	03/02/2022	ADMINISTRATIVE TRAINING PROGRAM ON ENTREPRENERSHIP AND LEADERSHIP PROGRAM FOR NURSING FACULTIES	NURSING COLLEGE FACULTIES
05	10/02/ 2022	CNE PROGRAM ON LACTATION NURSING	NURSING COLLEGE FACULTIES
06	03/08/2022	CNE PROGRAM ON COPYRIGHT- LAW BASICS OF	NURSING COLLEGE

		NURSING	FACULTIES
07	08/08/ 2022	ADMINISTRATIVE TRAINING PROGRAM ONSELF ESTEEM AND SELF AWARENESS STRATEGIES IN TEACHING	NURSING COLLEGE FACULTIES
08	30/07/2021	QUALITY IMPROVEMENT PROGRAM ON MENTOR - MENTEE	NURSING COLLEGE FACULTIES
09	17/11/2021	INTELLECTUAL PROPERTY RIGHTS	NURSING COLLEGE FACULTIES
10	04/01/2022	EMERGENCY MEDICATIONS	NURSING COLLEGE FACULTIES
11	05/01/2022	NEOPLASMS	NURSING COLLEGE FACULTIES
12	26/01/2022	FDP ONRESEARCH STATISTICS	NURSING COLLEGE FACULTIES
13	01/02/2022	FDP ON SELF DEVELOPMENT	NURSING COLLEGE FACULTIES
14	04/02/2022	FDP ON COMMUNICATION SKILL AND EMOTIONAL INTELLIGENCE	NURSING COLLEGE FACULTIES
15	09/02/2022	FDP ON LEARNING OTCOMES IN EDUCATION	NURSING COLLEGE FACULTIES
16	10/02/ 2022	FDP ON CAREER DEVELOPMENT	NURSING COLLEGE FACULTIES
17	12/08/2022	FDP ON QUALITY ASSURANCE IN NURSING EDUCATION	NURSING COLLEGE FACULTIES

CRITERIA 7 –

GENDER EQUITY SENSITIZATIONAL PROGRAMME

SL NO	DATE	NAME OF THE PROGRAMME	BENEFICIARIES
1	16/2/2022	Poster competition	Nursing students
2	8/3/2021	Womensday celebration	Nursing students
3	20/6/2021	Fathers day	Nursing students
4	21/6/2021	Yoga day	Nursing students
5	2/7/2021	Women safety and respect	Nursing students
6	3/8/2021	Mindfulness 1	Nursing students
7	10/8/2021	Mindfulness-2	Nursing students
8	14/8/2021	Premarital health counselling	Nursing students
9	3/9/2021	Poster competition	Nursing students
10	9/9/2021	World suicide prevention	Nursing students
11	2/10/2021	Smart phone adiction	Nursing students
12	14/2/2022	Sexual and reproductive health	Nursing students
13	21/2/2022, 22/2/2022	Yoga day	Nursing students
14	11/7/2022	International population day	Nursing students

Women empowerment cell programme

SL NO	DATE	NAME OF THE PROGRAMME	BENEFICIARIES
1	27/11/2021	Self counselling	Nursing students
2	11/10/2021	International day of the girl	Nursing students
3	24/1/2022	National girl child day	Nursing students
4	11/5/2022	Cyber crime	Nursing students
5	10/6/2022	Awareness campign report	Nursing students

Energy conservation awareness programme

SL NO	DATE	NAME OF THE PROGRAMME	BENEFICIARIES
1	15/2/2021,14/2/2021	Significance of energy conservation	Nursing students
2	22/3/2022	World water day	Nursing students
3	22/4/2022	World earth day	Nursing students

NATURAL CLUB ACTIVITIES

SL NO	DATE	NAME OF THE PROGRAMME	BENEFICIARIES
01	05/06/2022	World Environment Day {Natural Club}	Faculties and Students
02	19/08/2022	Farmers Day {Natural Club}	Faculties and Students

Criteria 5.1.2 Capability enhancement programme

SL NO	DATE	NAME OF PROGRAMME	BENEFICIARIES
1	19.7.2021 to 21.7.2021	Soft skill training	1 year bsc nursing Msc nursing
2	30.11.2021	Self counselling	1 year bsc nursing
3	31.1.2022	Physical fitness and health	1 year bsc nursing
4	31.1.2022	Mental health enhancement	1 year bsc nursing
5	2.2.2022	Wellness challenges	1 year bsc nursing
6	9.2.2022	leadership	1 year bsc nursing

7	22.6.2022	Design your destination	2 year bsc nursing
8	4.4.2022	Food and lifestyle disorder	1 year bsc nursing
9	4.2.2022	Adolescent health concern	2 year bsc nursing
10	23.2.2022	Problem solving skill	2 year bsc nursing
11	28.2.2022	Team work	2 year bsc nursing
12	28.4.2022	Enhancing self esteem	1 year bsc nursing
13	24.6.2022	Innovation in nursing	3 year bsc nursing
14	1.7.2022	Personality development	3 year bsc nursing
15	5.7.2022	Overview of mental health	3 year bsc nursing
16	7.7.2022	Telephone counselling in suicide prevention	3 year bsc nursing
17	8.7.2022	Therapeutic communication	3 year bsc nursing
18	22.7.2022	Yoga for humanity	2nd year bsc nursing

PERSONAL DETAILS

1. Name of the student : …….
2. Present Address : ……..

   …….

   ……

3. Permanent Address : ……....

   ……

   ……

4. Phone No/Mobile : ……

5. Date of Birth : ……

6. Father's Name : ..……

Mobile No. : …….

7. Father's Occupation : …….

8. Mother's Name : …….

Mobile No. : …….

9. Mother's Occupation : …….

10. Name of the Local Guardian : ……..

11. Relationship with the

Local Guardian : …….

12. Address & Phone No. of

Local Guardian : …….

…….

…….

13. Occupation of

Local Guardian : …….

14. Hosteller/Day Scholar : …….

15. Hostler, Name of Roomate's : …….

16. If Day Scholar, your

17. Mode of Transportation : ……..……..

18. SSLC Percentage : ……..

19. HSC Percentage : ……..

20. Hobbies : ……..

21. Achievements in Cultural

Competition

If Yes, give Details : ……..

22. Achievements in Sports

events If yes, give details : ..……

23. Admission Quota : ……..

24. Community & Caste : …….

IMPORTANT TELEPHONE NUMBERS FOR COMMUNICATION

Managing director, Nims Medicity (Literacy & Debate club president)	0471-2225154
COLLEGE	
Principal's Office	0471-2223632
Vice Principal	9486760474
HOSTEL	
Girls Hostel	0471-2223632
HOSPITAL	
NIMS Hospital Reception	0471-2223544/42, 3951111
Medical Superintendent	0471-2223544
Blood Bank	0471-2223544Extn. 441
Camp Coordinator Mr. Vipin	9947142308
Anne Sullivan Center for specially Abled Children Coordinator Mr. Rafi	8248841513, 9745586411

STAFF LIST

ADMINISTRATIVE WING

Administrative Co-ordinator : **Mr. Sivakumar S Raj**

Principal : **Prof.Mrs.J.Daisy M.Sc (N)**

Vice Principal/Academic coordinator: **Mrs.Josphine Vinitha S, M.Sc (N) M.B.A**

TEACHING FACULTIES

Dept. of Medical Surgical Nursing

1.Prof.J.Daisy : Professor/Principal

2.Mrs.Mercy Russelin Prabha : Professor

3.Nitha B : Asst. Professor

4.Ms.Sonia Sugathan L : Asst.Professor

5.Mrs.Akhila Raj CA : SR. Lecturer

6.Mrs.Midhuna MK : SR. Lecturer

7.Mrs.Anu : SR. Lecturer

8.Mrs.Arya B Babu : SR.Lecturer

Dept. of Nursing Foundation

1.Mr.Y. Shalin Gijo : Professor

2.Mrs.Riyanka Ganguly : Asst.Professor

Dept. of Child Health Nursing

1.Mrs.S.Josphine Vinitha : Professor/Vice Principal

2.Mrs.Padmaja VS : Asst. Professor

3.Mrs.Subha D : SR. Lecturer

Dept. of Mental Health Nursing

1.Mrs.Sowmia S : Asst. Professor

2.Mrs.Ashmi : SR. Lecturer

Dept. of Community Health Nursing

1.Mrs.Sowmya JS : Associate Professor

2.Mrs.Greesha GS : Asst. Professor

3.Mrs.Indu Nair : SR. Lecturer

Dept. of Obstetrical Gynecological Nursing

1.Mrs.Sajitha S : Asso. Professor

2.Mrs.Salini SR : Asso. Professor

3.Mrs.R Sreeja : Asst.Professor

4. Mrs.Aswathy Nair BV : Asst.Professor

5. Mrs.Saranya SR : SR. Lecturer

Dept. of Anatomy

1. Mrs.Jaya Kumai
2. Mrs.Reshma

Dept. of Physiology

1. Mrs. Sana Varma

Dept. of Biochemistry

1. Mrs. Divya

Dept. of Pharmacology

1. Dr. Godwin S. E

Dept. of Microbiology

1. Mrs.Reshmi

Dept. of Pathology

1. Dr. Aravind Mahesh

Dept. of General Medicine

1. Dr. E. Velayudhan
2. Dr. Caezar Ennis
3. Dr. Biju

Dept. of General Surgery

1.Dr. Azeem

2..Dr. Jeevan

Dept. of Neuro Surgery

1. Dr. Kathirvel. C

Dept. of Anesthesiology

1. Dr. Biswas
2. Dr. Haris. A

English

Mr.Prakash

Computer

Mrs.Smitha JS

Non Teaching Staff

Office Staff

Clerk-Mr.Chandu

Computer Operator-Mrs.Vasantha Kumari

Librarian-Mrs. Hazeena

Attenders-Mrs.Indu Lekshmi & Mrs.Sindhu R

Driver- Mr.Sanal Kumar

Driver- Mr.Ramesh

Cleaner-Mrs. Kavitha

GIRLS HOSTEL STAFF

Warden-Mrs.Indira

Warden-Mrs.Manju

Warden-Mrs.Sreelatha

Cook-Mrs.Prasanthi

Cook-Mrs.Aswathy

Cook-Mrs.Sebila Fathima

Cook-Mrs.Manjusha

Cook-Mrs.Asha

Cook-Mrs.Mini

Cook-Mrs.Manju

Cook-Mrs.Latha

Cleaning Staff-Mrs.Usha P

Cleaning Staff-Mrs.Usha Kumari

Cleaning Staff-Mrs.Kala

Cleaning Staff-Mrs.Ambili

Security-Mr.Rajendran

Security-Mr.M.Vikraman Nair

Security-Mr.Madhu

Security-Mr.Ajayan K

Cleaner-Mrs.Usha

Cleaner –Mrs.Ambili

Cleaner –Mrs.Kala

PROSPECTUS

OUR VISION

To become a premier provider in nursing education of international repute and emerge as a center that is recognized for excellence in education, Service, Research and Leadership with commitment to NIMS MEDICITY core values.

OUR MISSION

To best on high quality nursing education and training to groom students to be a responsible nursing professional and citizen to contribute to nursing profession and at large to society.

OUR AIM

Aim of the postgraduate programme in nursing is to prepare graduates to assume responsibilities as Clinical Nurse Specialists, Nurse practitioners, Consultants, Educators, Researchers and administrations in a whole variety of professional settings.

ABOUT OUR COLLEGE

NIMS college of Nursing has been credited for "putting patients first" and following motto"Love to serve". NIMS College of Nursing started functioning in the year 2009 with an annual intake of 40 B.Sc Nursing students with consistent high standards of excellence aimed by the institution in accordance with Chairman Dr. A.P Majeed Khan and Managing director Mr. Faizal khan, carefully selected teaching faculty with meritorious accomplishments, we have started post graduate degree programme(M.Sc nursing) in the branch of Medical Surgical Nursing (cardio thoracic) Affiliation with Kerala University of Health Sciences. The college is attached to NIMS Super specialty Hospital.

DEPARTMENTS

- Medical Surgical Nursing
- Child Health Nursing
- Obstetrics & Gynecology Nursing
- Psychiatric Nursing
- Community Health Nursing
- Fundamental of Nursing

Rules and Regulations of the College

Discipline

Discipline is the backbone of a good personality and is the cover stone of a strong character.

Every student is bound to follow the rules of NIMS College of Nursing and shall maintain strict discipline in the campus, in the clinical areas, project work areas, in the institution vehicles and all other places of work and duty.

The discipline and training enrich the knowledge and also shape the personality of a student to become a responsible citizen.

1. Students must respect their faculty and staff and address them with respect.
2. A student shall not leave their class/laboratory/clinical/ without permission.
3. Students will not be allowed to leave the campus or the work area without the permission of the principal
4. Loitering about in the verandas and in the campus is strictly prohibited. During free hours, if any, they shall go to library.
5. Students should co-operate with the authorities to keep the campus, classrooms and all work places inside and outside, clean and tidy.
6. Students are forbidden from scribbling on the walls/scratching and thumping themselves in any form destructive activities.
7. Any damage done to the furniture, lab, equipments, other fittings or any institutional property will be fixed heavily and concerned students will be punished. If the offender is not traceable, collective fine and punishment will be imposed on those found to be involved.

8. Without any prior written permission of the principal, students are strictly forbidden from:-
    - Organizing or attending any unauthorized meetings in the institution / campus.
    - Collecting money for any purpose.
    - Taking part in anti-social activities
9. Students are strictly forbidden from:-

    Organizing union / association based on caste, nationality, language / controversial political ideology within the campus. Counseling for any sessions personal / academic problems or for bringing to the notice of their lecturer in charge / other faculty in the right spirit, any reasonable grievances or difficulty they might have.
10. Students should be punctual to classes and must be present in the clinical in time.
11. Students who are not reporting for classes on time will be considered as late comers and will be given necessary punishments.

WORKING HOURS

Regular classes in NIMS College of Nursing will commence from 8 am and will end at 5 pm. Lunch break is scheduled from 1 pm to 2 pm. However, the clinical postings will commence from 8 am and may extend up to 1 pm or 4 pm depending upon the requirements

ATTENDANCE AND LEAVE RULES

1. All students one expected to be punctual in all theory, practical, project and the clinical classes.
2. Attendance will be taken in all classes at the beginning of each period / session.
3. Leave application in the prescribed from shall be submitted in advance for anticipated reasons to the principal, through the class co-ordinator with the signature before availing leave and immediately after leave for emergency reasons.
4. Every student shall put in a minimum of 80% (in theory and practical / clinical experience) of the working days attendance to become eligible for the University Examination.
5. A student absenting himself/herself from the institution for more than one consecutive working days without satisfactory leave application is liable to be removed from the rolls.

DRESS CODE

1. All students are expected to be decently and modestly dressed in classes.
2. The dress code for students specifies churidhar kurta (with dupatta) for girls and trousers tucked in for boys. Girls should put up their hair neatly and boys shall be clean shaved.
3. The uniform colour prescribed for the institution is compulsory

   Boys: Cream colour shirt

Black pants and white overcoat (in clinicals)

Black shoes

Girls: Green churidhar kurta with cream dupatta and botton,

and white overcoat (in clinicals)

Black shoes

For community

Boys: Cream shirt and black pants

Girls: Pink saree with high neck blouse

MOBILE PHONES ARE BANNED

1. Students are strictly forbidden from bringing cellular phones inside the campus
2. If any student is found in possession of an mobile phone in the campus & hostel, it will be returned only after the completion of the course after collecting a fine

Phone calls : - Students are not permitted to receive phone calls

during working hours.

- However, in an emergency, message will be conveyed to the student, if found necessary

IDENTITY CARDS

Each student of the college is expected to process an identity card his/her recent. Photographs affixed in it. Students are expected to wear the ID card always in the institution and other duty places.

PARENTS MEETING & PROGRESS REPORT

Parents are expected to attend the parents meeting in order to discuss the educational matter of their children to the concern faculties of the institution. Progress report about a students progress in the curricular and extracurricular activities will be send by the principal to the parents / guardians.

TRANSPORTATION

NIMS College of Nursing provides transportation facilities in their own institutional buses for the clinical postings and community visits.

SEMINARS & PROJECT WORKS

→ Seminars and project works will be conducted by various batches of the institution in every month according to the importance of days in a month.

→ Students should submit all practical works assignment & project works on the stipulated time without failure.

SSGP CELL

In 2016 Kerala University of Health Science started student support and guidance programme (SSGP) that will shape every student entering the educational institution under KUHS into a health professional who has technical and social skills to perform optimally.

LIBRARY

The college has a well- stocked library equipped with latest medical and nursing books. There are books written by famous authors providing up to date knowledge on a variety of subjects. Students will find that there is no dearth of good books to advance in knowledge. The library is fully computerized with internet facility and a reference wing for studies and research.

Library Rules

1. All the students and staffs of the college shall become members of the library.
2. The book issue counter will be closed 15 minutes prior to the closing of the library hour.

3. Students are expected to be co-operative in keeping the library neat, tidy and orderly
4. Strict silence and discipline must be maintained in the library.
5. Those who enter the library should sign the register kept at the entrance.
6. Students should not wear overcoat inside the library.
7. The library will not accept responsibility for loss or misplacement of any personal belonging
8. Journals, Newspapers, Magazines should be read only inside the library.
9. Books will be issued only on production of identity cards. Members are responsible for the books borrowed on their ID cards. Loss of identity cards must be prompt reported to the librarian. Duplicate ID cards will be issued on payment.
10. A student is permitted to borrow only two books at a time.
11. Books taken out by students shall not be retained for more than 7 days. Failure to return a book on the due date entitles a fine as decided by college council.
12. Books stamped " reference only" are not allowed to be taken away from the Library without permission
13. Transfer / sub lending of books is strictly prohibited. Making, underlining etc in any book / magazines is forbidden.

14. All library books & cards must be returned before the end of each year. Clearance from the library is required before getting hall ticket.
15. Use of mobile phones are prohibited inside the library.
16. The Librarian has the right to request a user to leave the premises if he/she is found to be violating any of the Library rules.

CLINICAL FACILITIES AND CLINICAL LAB

1. Clinical postings for various specialities are provided in our parent institution NIMS MEDICITY, Neyyattinkara, TVM. Apart from our parent institution, we also provide the students with the clinical posting in the Neyyattinkara Taluk Hospital, Mental Hospital Peroorkada, TVM Community Health Centre Balaramapuram and Poothura, for the fulfillment of the clinical requirements.
2. Clinical Lab: Rules & Regulations
    - Students should enter the laboratory area as soon as the clinical period begins
    - Students should maintain utmost discipline inside the laboratory/Clinical area
3. Students found unnecessarily talking or including in activities which disturb other students will be immediately sent out of the lab/clinical area.

1. Students found unnecessarily talking of indulging in activities which disturb other students will be immediately sent out of the lab.

2. Students are expected to keep the lab & their work places neat and clean.
3. Students should leave the lab only after cleaning all glass wares, all the equipments used and after handling over them & their work spots inspected by staff in charge
4. Students should not leave the lab without permission under any circumstances.
5. All breakages showed be immediately reported to the staff in charge & entered in the register & signed.
6. All bags, notebooks etc which are not required inside the laboratories should be left in their classrooms.

CLUBS:

- NIMS BLOOD DONATION FORUM
- NI DENTAL COLLEGE NATIONAL SERVICE SCHEME
- GREEN REVELUTIONARY CLUB
- LITTERARY CLUB THARANGAM
- SPORTS CLUB
- SEMINAR CLUB

HOSTEL:

The college provide separate hostel for boys & girls giving them comfortable boarding of a lodging facilities. Hostels have 24 hours security.

Both the boys and girls hostel have well experienced Wardens and Supervisor.

Before going home parents should inform to the coordinator through telephone. Only after getting parents' permission, students leave letter will be accepted. Coordinator will sign the gate pass. Students should show the gate pass to the Warden.

When the students are going home parents should make sure that they return immediately after the holydays and start attending classes without fail. Overstaying after the holydays will not be allowed under any circumstances.

HOSTEL RULES

The following rules will be implemented for the boys and girls hostel by the hostel authorities. Only two gate passes will be allowed for the students for going home and outside per month.

Before going, parents should get permission from coordinator before two days and students should give leave letters to the coordinator and students should show gate pass to the Warden. Overstaying in home is not allowed.

After the college hours students are not allowed to go outside from the hostel. For going to library they should get pass from coordinator and show this pass to Librarian and Warden.

Hostlers are not allowed to go and sit in others room.

Authorities can check the rooms at any time.

Laptops and mobile phones are not permitted to be used inside the hostel. Students can give mobile phones to the Warden. Only with the presence of Warden they can use mobile phone.

Students are not permitted to go inside the hospital premises during night hours. During emergency situations students can get permission from Warden and one of the hostel authorities should accompany with them to hospital.

Day scholars are not allowed to enter in to the college hostel rooms. Under any special circumstances they have to take pass from the coordinator.

Students are instructed to switch of lights and fan of their rooms before going out.

Students are not allowed to take newspapers to their rooms.

MEASURE TO PREVENT RAGGING:

Our college is a ragging free college until now not even a single case of ragging has been reported. The Supreme Court has declared that ragging and any form of abetment to ragging causing injuring or subjecting any one to forceful confinement, physical and sexual assents would now be treated as a criminal offence.

And as in the case of section 498A dealing with cruelty towards woman the burden of proof would be on the accused rather than the victims of ragging.

If any incident of ragging comes to the notice of the authority the concerned student shall be given liberty to explain and if his explanation is not found satisfactory, the authority would expel him from the institutions.

The following are the acts which leads to punishment

- Abetment to ragging.
- Criminal conspiracy to rag.
- Unlawful assembly and rioting while ragging.
- Public nuisance created during ragging.
- Violation of decency and morals through ragging.
- Injury to body, causing hurt or grievous hurt.
- Wrongful restraint.
- Wrongful confinement.
- Use of criminal force.
- Assault as well as sexual offences or even unnatural offences.
- Extortion
- Criminal trespass.
- Offences against property.
- Criminal intimidation.
- Attempts to commit any or all of the above mentioned offences against the victims.

- Physical or psychological humiliation.
- All other offences flowing from the definition of "ragging".

Punishments

- Withholding results.
- Debarring form representing the institution in any regional, national or international meet, tournament, youth festival etc.
- Suspension/expulsion from the hostel.
- Cancellation of admission.
- Rustication from the institution for period ranging from 1-4 semesters.
- Expulsion from the institution and consequent debarring from admission to any other institution for a specific period.
- Fine ranging between Rs.25,000/- & 1 lakh.
- Collective punishment when the persons committing or abetting the crime of ragging are not identified, the institution shall resort to collective punishment.

REFRESHMENTS:

We are having a good canteen inside our campus. Apart from this canteen we are also having coffee shops & food court inside the campus where all the popular food items are available for our students.

HEALTHCARE FACILITIES:

Modern health care facilities are made available in the college as well as in the hostels. The NIMS Super Speciality Hospital situated in the same campus takes care of all their health needs.

Students will be able to make use of the Health Club including Gymnasium, Meditation center, Yoga center. The most remarkable aspect is that students do not have to move out of the campus to enjoy these facilities, as they will be made available in-house.

GOOD BEHAVIOR:

A. Good behavior is an expression of fine character.
B. Be neat and modest in your dress and manners.
C. Be polite, obliging and helpful. Be careful not to hurt anyone with your words or actions.

College Calendar

Exam dates may change
Based on University Exams

COLLEGE CALENDER 2023-2024

OCTOBER-2023		
DATE	**DAY**	**REMARKS**
1	SUN	HOLIDAY
2	MON	GANDHI JAYANTHI
3	TUE	
4	WED	
5	THU	
6	FRI	
7	SAT	
8	SUN	HOLIDAY
9	MON	
10	TUE	
11	WED	
12	THU	
13	FRI	
14	SAT	2ND SATURDAY
15	SUN	HOLIDAY
16	MON	
17	TUE	
18	WED	
19	THU	
20	FRI	
21	SAT	
22	SUN	HOLIDAY
23	MON	
24	TUE	
25	WED	
26	THU	
27	FRI	
28	SAT	
29	SUN	HOLIDAY
30	MON	

31	TUE	

NOVEMBER-2023		
DATE	**DAY**	**REMARKS**
1	WED	
2	THU	
3	FRI	
4	SAT	
5	SUN	HOLIDAY
6	MON	
7	TUE	
8	WED	
9	THU	
10	FRI	
11	SAT	2ND SATURDAY
12	SUN	HOLIDAY
13	MON	
14	TUE	
15	WED	
16	THU	
17	FRI	
18	SAT	
19	SUN	HOLIDAY
20	MON	
21	TUE	
22	WED	

23	THU	
24	FRI	
25	SAT	
26	SUN	HOLIDAY
27	MON	
28	TUE	
29	WED	
30	THU	

DECEMBER-2023		
DATE	**DAY**	**REMARKS**
1	FRI	
2	SAT	
3	SUN	HOLIDAY
4	MON	
5	TUE	
6	WED	
7	THU	
8	FRI	
9	SAT	2ND SATURDAY
10	SUN	HOLIDAY
11	MON	
12	TUE	
13	WED	
14	THU	
15	FRI	
16	SAT	
17	SUN	HOLIDAY
18	MON	
19	TUE	
20	WED	
21	THU	
22	FRI	

23	SAT	
24	SUN	HOLIDAY
25	MON	CHRISTMAS
26	TUE	
27	WED	
28	THU	
29	FRI	
30	SAT	
31	SUN	HOLIDAY

JANUARY-2024		
DATE	**DAY**	**REMARKS**
1	MON	NEW YEAR
2	TUE	
3	WED	
4	THU	
5	FRI	
6	SAT	
7	SUN	HOLIDAY
8	MON	
9	TUE	
10	WED	
11	THU	
12	FRI	
13	SAT	2ND SATURDAY
14	SUN	HOLIDAY
15	MON	PONGAL
16	TUE	
17	WED	
18	THU	
19	FRI	
20	SAT	
21	SUN	HOLIDAY
22	MON	

23	TUE	
24	WED	
25	THU	
26	FRI	REPUBLIC DAY
27	SAT	
28	SUN	HOLIDAY
29	MON	
30	TUE	
31	WED	

FEBRUARY-2024		
DATE	**DAY**	**REMARKS**
1	THU	
2	FRI	
3	SAT	
4	SUN	HOLIDAY
5	MON	
6	TUE	
7	WED	
8	THU	
9	FRI	
10	SAT	2ND SATURDAY
11	SUN	HOLIDAY
12	MON	
13	TUE	
14	WED	
15	THU	
16	FRI	
17	SAT	
18	SUN	HOLIDAY
19	MON	
20	TUE	
21	WED	
22	THU	

23	FRI	
24	SAT	
25	SUN	HOLIDAY
26	MON	
27	TUE	
28	WED	
29	THU	

MARCH-2024		
DATE	**DAY**	**REMARKS**
1	FRI	
2	SAT	
3	SUN	HOLIDAY
4	MON	
5	TUE	
6	WED	
7	THU	
8	FRI	
9	SAT	2ND SATURDAY
10	SUN	HOLIDAY
11	MON	
12	TUE	
13	WED	
14	THU	
15	FRI	
16	SAT	
17	SUN	HOLIDAY
18	MON	
19	TUE	
20	WED	
21	THU	
22	FRI	

23	SAT	
24	SUN	HOLIDAY
25	MON	
26	TUE	
27	WED	
28	THU	
29	FRI	GOOD FRIDAY
30	SAT	
31	SUN	HOLIDAY

APRIL-2024		
DATE	**DAY**	**REMARKS**
1	MON	
2	TUE	
3	WED	
4	THU	
5	FRI	
6	SAT	
7	SUN	HOLIDAY
8	MON	
9	TUE	
10	WED	
11	THU	
12	FRI	
13	SAT	2ND SATURDAY
14	SUN	HOLIDAY
15	MON	
16	TUE	
17	WED	
18	THU	
19	FRI	
20	SAT	
21	SUN	HOLIDAY
22	MON	

23	TUE	
24	WED	
25	THU	
26	FRI	
27	SAT	
28	SUN	HOLIDAY
29	MON	
30	TUE	

MAY-2024		
DATE	**DAY**	**REMARKS**
1	WED	
2	THU	
3	FRI	
4	SAT	
5	SUN	HOLIDAY
6	MON	
7	TUE	
8	WED	
9	THU	
10	FRI	
11	SAT	2ND SATURDAY
12	SUN	HOLIDAY
13	MON	
14	TUE	
15	WED	
16	THU	
17	FRI	
18	SAT	
19	SUN	HOLIDAY
20	MON	
21	TUE	
22	WED	

23	THU	
24	FRI	
25	SAT	
26	SUN	HOLIDAY
27	MON	
28	TUE	
29	WED	
30	THU	
31	FRI	

JUNE-2024		
DATE	**DAY**	**REMARKS**
1	SAT	
2	SUN	HOLIDAY
3	MON	
4	TUE	
5	WED	
6	THU	
7	FRI	
8	SAT	2ND SATURDAY
9	SUN	HOLIDAY
10	MON	
11	TUE	
12	WED	
13	THU	
14	FRI	
15	SAT	
16	SUN	HOLIDAY
17	MON	BAKRID
18	TUE	
19	WED	
20	THU	
21	FRI	
22	SAT	

23	SUN	HOLIDAY
24	MON	
25	TUE	
26	WED	
27	THU	
28	FRI	
29	SAT	
30	SUN	HOLIDAY

JULY-2024		
DATE	**DAY**	**REMARKS**
1	MON	
2	TUE	
3	WED	
4	THU	
5	FRI	
6	SAT	
7	SUN	HOLIDAY
8	MON	
9	TUE	
10	WED	
11	THU	
12	FRI	
13	SAT	2ND SATURDAY
14	SUN	HOLIDAY
15	MON	
16	TUE	
17	WED	

18	THU	
19	FRI	
20	SAT	
21	SUN	HOLIDAY
22	MON	
23	TUE	
24	WED	
25	THU	
26	FRI	
27	SAT	
28	SUN	HOLIDAY
29	MON	
30	TUE	
31	WED	

AUGUST-2024		
DATE	**DAY**	**REMARKS**
1	THU	
2	FRI	
3	SAT	
4	SUN	HOLIDAY
5	MON	
6	TUE	
7	WED	
8	THU	
9	FRI	
10	SAT	2ND SATURDAY
11	SUN	HOLIDAY
12	MON	

13	TUE	
14	WED	
15	THU	
16	FRI	
17	SAT	
18	SUN	HOLIDAY
19	MON	
20	TUE	
21	WED	
22	THU	
23	FRI	
24	SAT	
25	SUN	HOLIDAY
26	MON	
27	TUE	
28	WED	
29	THU	
30	FRI	
31	SAT	

SEPTEMBER-2024		
DATE	**DAY**	**REMARKS**
1	SUN	HOLIDAY
2	MON	
3	TUE	
4	WED	
5	THU	
6	FRI	
7	SAT	
8	SUN	HOLIDAY
9	MON	
10	TUE	

11	WED	
12	THU	
13	FRI	
14	SAT	2ND SATURDAY
15	SUN	ONAM
16	MON	
17	TUE	
18	WED	
19	THU	
20	FRI	
21	SAT	
22	SUN	HOLIDAY
23	MON	
24	TUE	
25	WED	
26	THU	
27	FRI	
28	SAT	
29	SUN	HOLIDAY
30	MON	

CALENDER OF EVENTS 2023-24

CALENDER OF EVENTS FOR FIRST YEAR B.sc NURSING

MONTH	DATE	EVENTS
September		Inaugural Function
		Induction programme
	4.9.2023-8.9.2023	Theory Block
	11.9.2023-16.9.2023	Theory Block
	18.9.2023-23.9.2023	Theory Block
	25.9.2022330.9.2023	Theory Block
October	02.10.2023-07.10.2023	Theory Block
	09.10.2023-13.10.2023	Theory Block
	16.10.2023-21.10.2023	First Sessional Exam
	23.10.2023-28.10.2023	Vacation
November	30.10.2023-4.11.2023	Clinical Posting/Theory Block
	6.11.2023-10.11.2023	Clinical Posting/Theory Block
	13.11.2023-18.11.2023	Clinical Posting/Theory Block
	20.11.2023-25.11.2023	Clinical Posting/Theory Block
	27.11.2023-2.12.2023	Clinical Posting/Theory Block
December	4.12.2023-8.12.2023	Clinical Posting/Theory Block
	11.12.2023-16.12.2023	Clinical Posting/Theory Block
	18.12.2023-23.12.2023	Second Sessional Exam

	25.12.2023-30.12.2023	Vacation
January	1.1.2024-6.1.2024	Theory Block
	8. 1.2024-12.1.2024	Theory Block
	15.1.2024-20 .1.2024	Theory Block
	22.1.2024-27.1.2024	Theory Block
	29.1.2024-3.2.2024	Holidays
February	5.2.2024-9.2.2024	Model Examinations
	12.2.2024-17.2.2024	Preparatory holidays
	19.2.24-24.2.24	University examination
	26.2.2024-29.2.2024	Vacation
March	4.3.2024-8.3.2024	Theory Block
	11.3.2024-16.3.2024	Theory Block
	18.3.2024-23.3.2024	Theory Block
	25.3.2024-30.3.2024	Vacation
April	01.4.2024-6.4.2024	Clinical Posting/Theory Block
	8.4.2024-12.4.2024	Clinical Posting/Theory Block
	15.4.2024-20.4.2024	Clinical Posting/Theory Block
	22.4.2024-27.4.2024	Clinical Posting/Theory Block
May	29.4.2024-4.5.2024	Clinical Posting/Theory Block
	6.5.2024-10.5.2024	First Sessional Exam
	13.5.2024-18.5.2024	Holidays
	20.5.2024-25.5.2024	Clinical Posting/Theory Block
	27.5.2024-1.6.2024	Clinical Posting/Theory Block

June	3.6.2024-7.6.2024	Clinical Posting/Theory Block
	10.6.2024-15.6.2024	Clinical Posting/Theory Block
	17.6.2024-22.6.2024	Clinical Posting/Theory Block
	24.6.2024-29.6.2024	Clinical Posting/Theory Block
July	1.7.2024-6.7.2024	Second Sessional Exam
	8.7.2024-12.7.2024	Theory Block
	15.7.2024-20.7.2024	Theory Block
	22.7.2024-27.7.2024	Theory Block
August	29.07.2024-03.8.2024	Theory Block
	5.08.2024-9.08.2024	Model Examinations
	12.8.2024-17.8.2024	Preparatory holidays
	19.8.2024-24.8.2024	University examination
	26.8.2024-31.8.2024	Vacation

NIMS COLLEGE OF NURSING

CURRICULUM PLAN FOR THE ACADEMIC YEAR

September 2023-August 2024

COURSE: B sc Nursing

Placement – First Semester

Sl No	Semester	Course Code	Course/Subject Title	Theory (hrs) (Class and Lab)	Practical / clinical(hrs)	Clinical total hours credited
1	First	ENGL-101	Communicative English	**2 credits (40 hrs)**	-	-
		ANAT-105	Applied Anatomy	**3 credits (60 hrs)**	-	-
		PHYS-110	Applied Physiology	**3 credits (60 hrs)**	-	-
		SOCI-115	Applied Sociology	**3 credits (60 hrs)**	-	-
		PSYC-120	Applied Psychology	**3 credits (60 hrs)**	-	-
		N-NF-I-125	Nursing Foundation I including First Aid module	**6 credits (120 hrs)**	**2 credits (80 hrs)**	**2 credits (160 hrs)**
		SSCC-I-130	Self study/ Co-curricular	**40+40**		
			Total	**480**	**80**	**160**
2	Second	BIOC-135	Applied Biochemistry	**2 credits (40 hrs)**	-	-
		NUTR-140	Applied Nutrition and Dietetics	**3 credits (60 hrs) Theory -45 hrs**	**Lab-15 hrs**	

		N-NF-II-125	Nursing foundation II including Health Assessment module	**6 credits (120 hrs)**	**3 credits (120 hrs)**	**4 credits (320 hrs)**
		HNIT-145	Health/ Nursing informatics and technology	**2 credits (40 hrs)**	**1 credits (40 hrs)**	-
		SSCC-II-130	Self study/ Co-curricular	**40+20**	**-**	**-**
			Total	**305 hrs**	**175 hrs**	**320 hrs**

NOTES